## PHYS 6610: Graduate Nuclear and Particle Physics I



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## III. Descriptions

## 4. Pions and Nucleons: Chiral Effective Field Theory

Or: What I Do for a Living

References: [(Goldstone: CL 5; Ryd 8.1-3); Scherer/Schindler: Primer $\chi$ EFT; CL 5; Ryd 8.1-2; Ber 2, 3; Ericson/Weise: Pions and Nuclei Chap. 9;
lectures 1-6 of Fleming's EFT online course at MIT; and much more - see me!]

## (a) Matching Expectations

## What Holds the Nucleus Together?

## 1953

In the past quarter century physicists have devoted a huge amount of experimentation and mental labor to this problem - probably more man-hours than have been given to any other scientific question in the history of mankind. [...]

The glue that holds the nucleus together must be a kind of force utterly different from any we yet know.
[Hans A. Bethe: "What holds the nucleus together?", Scientific American 189 (1953), no. 2, p. 58]

## 2007

## Effective Field Theory

Effective field theories provide a powerful framework for solving physical problems that are characterized by a natural separation of distance scales. They are particularly important tools in QCD, where the relevant degrees of freedom are quarks and gluons at short distances and hadrons and nuclei at longer distances. Indeed, at energies below the proton mass, the most notable features of QCD are the confinement of quarks and the spontaneous breaking of QCD's chiral symmetry. Chiral perturbation theory is an effective field theory that incorporates both; when applied to mesons it is a mature theory. Perhaps the most striking advances in chiral effective field theory have come in its application to few-nucleon systems. This has yielded precise results for nucleon-nucleon forces and also produced consistent threenucleon forces. This opens the way for precision analyses of [US Nuclear Science Advisory Committee Long Range Plan 2007, "QCD \& Structure of Hadrons" p. 18/19]

We look for an approach which • connects to QCD; • is efficient;

- provides falsifiable predictions with reliable theoretical uncertainties.


## The Bridge From QCD To Nuclear Physics

$$
\mathcal{L}_{Q C D}=\sum_{q} \bar{\Psi}_{q}\left[\mathrm{i} \not \partial+g \not A-m_{q}\right] \Psi_{q}-\frac{1}{2} \operatorname{tr}\left[F^{\mu v} F_{\mu v}\right] \text { with few parameters: } \alpha_{s}\left(Q_{0}^{2}\right)+6 \text { masses. }
$$

Nucleon \& Few-N System: gateway to quantitative understanding of nuclear structure from QCD.
10
Rich low-energy Structure \& patterns all emerge from "simple" QCD.
Explain Life: abundances of ${ }^{12} \mathbf{C},{ }^{16} \mathrm{O}, \ldots$
Explain Interactions/Scattering/Production/...


## (b) Few-Nucleon Systems: Complexity, Patterns, Bridge



Tally of States: 44 isospins allowed for $A \leq 6$
4(5) stable:
11 unstable:

$$
\mathrm{d},{ }^{3} \mathrm{H},{ }^{3,4} \mathrm{He},{ }^{6} \mathrm{Li}
$$

${ }^{3} \mathrm{Li} \&{ }^{5}(\mathrm{H}, \mathrm{He}, \mathrm{Li}, \mathrm{Be}) \&{ }^{6}(\mathrm{H}, \mathrm{B}): 1$ level ${ }^{4}(\mathrm{H}, \mathrm{Li}),{ }^{6}(\mathrm{He}, \mathrm{Be}): \geq 4$ levels; 50 excitations, only 2 bound Notable No-Shows: few- $n, p n(I=1), p p, 4 p, A=5$ unstable,. . Whence the Patterns?


## Few-Nucleon Spectra "Should" follow from QCD



Whence the Patterns? How much is special to QCD?

## (c) A Question of Resolution: Effective Field Theories

## What Is "Low Energy"?: QCD Spectrum Above Nucleon Has Gap

0


lightest mesons produced: pion $m_{\pi} \approx 140 \mathrm{MeV}$ lowest resonance: $\Delta(1232), M_{\Delta}-M_{N} \approx 300 \mathrm{MeV}$ bound states of nucleons, e.g. $E_{B}[d(n p)] \approx 2.2 \mathrm{MeV}$ :

$$
\frac{1}{\text { size }}=p_{\text {bind }} \approx \sqrt{M E_{B}} \approx 45 \mathrm{MeV}
$$

- High-energy excitations at scales $p_{\text {typ }} \gtrsim 1000 \mathrm{MeV}$ :
next-lightest meson $m_{\rho, \omega} \approx 770 \mathrm{MeV}$; next-lowest excitation $M_{N^{*}}-M_{N} \approx 600 \mathrm{MeV}$; strange excitations only as $s$-quark pair: $2 M_{K} \approx 1000 \mathrm{MeV}$ string constant $\sigma \approx 1 \mathrm{GeV} / \mathrm{fm}, \alpha_{s}\left(1 \mathrm{GeV}^{2}\right) \rightarrow 1, \ldots$

QCD at low resolution/energy: Confinement/infrared slavery of quarks \& gluons.
$\Longrightarrow$ Rearrange into "seen"/effective low-energy degrees of freedom: $N=\binom{p}{n}, \Delta(1232), \pi^{a}$. $\mathcal{L}\left[N, \Delta, \pi^{a}\right]$ : any interaction imaginable. $\Longrightarrow$ Small, dimension-less expansion parameter?!?

## What You See Is What You Get: $\Delta x \Delta p \gtrsim \hbar$ Taken Seriously



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To probes with wavelength $\lambda$, object of size $R$ appears
point-like for $\lambda \gg R$,
blurry for
$\lambda \gtrsim R$,
composed for $\lambda \lesssim R$.

- Example Electric Multipole Expansion of Localised Charge Distributior

$$
\Phi(\vec{R})=\frac{1}{4 \pi} \int \mathrm{~d}^{3} r^{\prime} \frac{\rho\left(\vec{r}^{\prime}\right)}{\left|\vec{R}-\vec{r}^{\prime}\right|} \text { usually impossible to do }
$$

$\Longrightarrow$ Separation of Scales: expand in small dimension-less parameter:

$$
Q=\frac{a}{R} \ll 1 \Longrightarrow \Phi(\vec{R})=\frac{1}{4 \pi}\left[\frac{Z e}{R}+\frac{\vec{d} \cdot \overrightarrow{\mathrm{e}}_{R}}{R^{2}}+\frac{Q_{i j} \mathrm{e}_{R}^{i} \mathrm{e}_{R}^{j}}{R^{3}}+\mathcal{O}\left(\frac{a^{3} \mathrm{or} ? ?}{R^{4}}\right)\right]
$$



Efficient: Save time and effort - makes many calculations even just doable!
Low-Energy Coefficients (LECs): charge Ze, dipole mom. $\vec{d}=\# \times Z e a \sim Z e a, Q_{i j} \sim Z e a^{2}, \ldots$
Simple parameters resolve increasingly more detail of complicated short-distance Physics, calculate/fix by data - estimate from system size, charge, dimensions: $2^{l}$ multipole $Q_{l} \sim Z e a^{l}$.
Error Estimate: Next term with Naturalness Assumption. Breakdown Scale: $Q \rightarrow 1$, i.e. $R \approx a$.

## What You See Is What You Get: $\Delta x \Delta p \gtrsim \hbar$ Taken Seriously



EFT Tenet: Short-distance physics does not have to be right for a good calculation, because a low-energy process cannot probe details of the high-energy structure. [e.g. Weinberg 1979]

## $\Longrightarrow$ Effective Field Theories

Identify those degrees of freedom and symmetries which are appropriate to resolve the relevant Physics at the scale of interest.

Systematic approximation of real world with estimate of theoretical uncertainties.

## The Onion We Call Nature: The World Is Effective



All Physics Theories applicable only in a limited energy range (except in-effective TOE...).


## What you Don’t See Can’t Hurt You



## What you Don't See Can't Hurt You



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## An Effective Field Theory Cookbook

## Ingredients: Separation of scales by breakdown-scale $\bar{\Lambda}_{\mathrm{EFT}}$ :

high momenta $q_{\text {high }} \gtrsim \bar{\Lambda}_{\text {EFT }} \longrightarrow$ simplify complicated/unknown UV into Low-Energy Coefficients (LECs): contact interactions.
low momenta $q_{\text {low }} \ll \bar{\Lambda}_{\text {EFT }}$
Effective (i.e. relevant) degrees of freedom: What's Seen at That Scale $\longrightarrow$ correct IR-Physics
Symmetries at low scales constrain interactions.
Lorentz, gauge, isospin, parity,...

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Wilson, Weinberg 1967, 1979; Georgi, Manohar, ... 1982-

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## Recipe:

Write down most general Lagrangean (set of interactions) permitted by particles and symmetries. Infinitely many terms $\Longrightarrow$ Order in small, dimension-less expansion parameter

$$
Q=\frac{\text { typ. low momenta } q_{\text {low }}}{\text { breakdown scale } \bar{\Lambda}_{\text {EFT }}}=\frac{1 /(\text { resolution } \lambda)}{1 /(\text { target size } R)} \ll 1 \text { : }
$$

Power-counting for quantum loops \& LECs (loops: usually simple; LECs: some fun!) $\Longrightarrow$ Expand observable, truncate at desired predicted accuracy: $\mathcal{O}=c_{0} Q^{0}+c_{1} Q^{1}+c_{2} Q^{2}+\ldots$
Estimate importance of LECs \& terms before calculation by
Naïve Dimensional Analysis \& Naturalness Assumption.
Determine LECs at desired accuracy from underlying theory or (simple) low-mom. observables.
Calculate Observable and learn, or extract unknown from data, or check QCD predictions, or. . .

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Determine LECs at desired accuracy from underlying theory or (simple) low-mom. observables. Calculate Observable and learn, or extract unknown from data, or check QCD predictions, or...

Result: Model-independent, universal, systematic, unique: Predictions with estimate of uncertainties.
Truncation Error of $Q$-series: from short-distance details not captured. "Space for Improvement" Finite accuracy with minimal number of parameters at each order. "Compress Unknown Information"

## Weinberg's "Folk Theorem"

## Also Called "Swiss Basic Law"/"Totalitarian Principle"

often attributed to Gell-Mann
[...], you're not really making any assumption that could be wrong, unless of course Lorentz invariance or quantum mechanics or cluster decomposition is wrong, [...]
[...] As long as you let it be the most general possible Lagrangian consistent with the symmetries of the theory, you're simply writing down the most general theory you could possibly write down.
[Steven Weinberg: What is quantum field theory, and what did we think it is? [hep-th/9702027]]
"I know of no proof, but I am sure it's true. That's why it's called a »folk theorem «." [Weinberg, Chiral Dynamics 2009 (Bern)]

$$
\text { "EFT = Symmetries }+ \text { Parameterisation of Ignorance"??? }
$$

What can possibly go wrong???


## Know Your Limitations: Garbage-In, Garbage-Out!

## Serve With Caution:

Check assumptions:
$-p_{\text {typ. }} \nearrow \bar{\Lambda}_{\mathrm{EFT}} \Longrightarrow Q k 1$ ?
"EFTs carry seed of their own destruction."
[D. R. Phillips]

- No scale separation? e.g. $N^{*}$ jungle at 2 GeV
- Wrong constituents/degrees of freedom? new d.o.f. e.g. QED at 100 GeV without $W, Z$ change of d.o.f. over phase transition

$$
\text { e.g. } N, \pi \rightarrow \text { quarks, gluons }
$$

- Wrong Symmetry Assumed? Nature refuses it? e.g. impose Parity in weak interactions

Check Quantitatively Predicted Convergence Pattern:

- Convergence? Coefficients of Natural Size?
$\Longrightarrow$ Bayesian Statistics predicts "error-bars". $\rightarrow$ later
- Order by order smaller corrections.
- Order by order less cut-off/RScheme dependence.


When Your Best Just Isn't Good Enough.

Falsifiability: Convergence to Nature tests assumptions. - After theory uncertainties determined.

## (d) Chiral Symmetry: Nambu-Goldstone Theorem

## The Pion Is Special



Next non-strange hadron mass $m\left[f_{0}(500)\right] \approx 3.5 m_{\pi}$ with $I\left(J^{P}\right)=1\left(0^{+}\right)$: opposite parity.
$\Longrightarrow$ Pion by far lightest hadron $\Longrightarrow$ mediates interaction with longest-range $R \sim \frac{1}{m_{\pi}} \sim 1.4 \mathrm{fm}$; decays only weakly $\pi^{ \pm} \rightarrow \mu^{ \pm} v_{\mu} . \rightarrow$ HW later

## No "King's Way" to Chiral Symmetry in QCD

Chirality: Mirror image and object differ


Left-handed:



Right-handed:



Left hand
(a) Chiral objects



(b) Achiral objects

Helicity: spin projection $\frac{\vec{\sigma} \cdot \vec{p}}{|\vec{p}|}= \pm 1$ not conserved for $m>0$ : overtaking with $v<c$ reverses $\vec{p}$.
for massless particles, helicity $=$ chirality
Fact Of Nature: None of the forces we know mixes chiralities/helicities - only the mass does!

$$
\begin{gathered}
\text { QCD in chiral basis for } \gamma^{\mu} \text { with } q_{R / L}=\binom{u_{R / L}}{d_{R / L}} \text { eigenstates to } \gamma_{5} q_{R / L}= \pm q_{R / L} \\
\bar{q}\left[\mathrm{i} \not \partial+g \not A-m_{q}\right] q=\left(q_{R}^{\dagger}, q_{L}^{\dagger}\right)\left(\begin{array}{cc}
E-g A_{0}+\vec{\sigma} \cdot(\vec{p}+g \vec{A}) & m_{q} \\
m_{q} & E+g A_{0}-\vec{\sigma} \cdot(\vec{p}-g \vec{A})
\end{array}\right)\binom{q_{R}}{q_{L}}
\end{gathered}
$$

## Review: Chiral Symmetry in QCD

QCD in chiral
$\gamma^{\mu}$ basis $\left(\left(q_{R}^{\dagger}, q_{L}^{\dagger}\right)\left(\begin{array}{cc}E-g A_{0}+\vec{\sigma} \cdot(\vec{p}+g \vec{A}) & m_{q} \rightarrow 0 \\ m_{q} \rightarrow 0 & E+g A_{0}-\vec{\sigma} \cdot(\vec{p}-g \vec{A})\end{array}\right)\binom{q_{R}}{q_{L}}, \quad q_{R / L}=\binom{u_{R / L}}{d_{R / L}}\right.$
$\Longrightarrow$ For $m=0$ invariant under separate transformations $R \in S U_{R}(2), L \in S U_{L}(2)$ in flavour space:

$$
q_{R} \rightarrow R q_{R}=\mathrm{e}^{-\mathrm{i} \theta_{R}^{a} \frac{\tau^{a}}{2}} q_{R} \quad q_{L} \rightarrow L q_{L}=\mathrm{e}^{-\mathrm{i} \theta_{L}^{a} \frac{\tau^{a}}{2}} q_{L} \quad \Longrightarrow S U_{R}(2) \times S U_{L}(2) \text { chiral symmetry }
$$

$\Longrightarrow$ Noether Theorem: $2 \times 3$ conserved currents \& charges:

$$
j_{R}^{\mu a}=\bar{q}_{R} \gamma^{\mu} \frac{\tau^{a}}{2} q_{R}: \partial_{\mu} j_{R}^{\mu a}=0 \quad \text { and } \quad j_{L}^{\mu a}=\bar{q}_{L} \gamma^{\mu} \frac{\tau^{a}}{2} q_{L}: \partial_{\mu} j_{L}^{\mu a}=0
$$

More convenient are these linear combinations:

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$$

More convenient are these linear combinations:
Vector Current: $V_{\mu}^{a}:=j_{R}^{\mu a}+j_{L}^{\mu a}=\bar{q} \gamma^{\mu} \frac{\tau^{a}}{2} q \quad \Longrightarrow \quad$ Vector Charges: $Q^{a}=\int \mathrm{d}^{3} r q^{\dagger} \frac{\tau^{a}}{2} q$ Symmetry in Nature? YES: $S U_{V}(2)$ isospin, e.g. $m_{\pi^{+}}=m_{\pi^{-}} \approx m_{\pi^{0}} \Longrightarrow I, I_{3}=Q^{3}$ label states $\checkmark$

## Review: Chiral Symmetry in QCD

$\underset{\gamma^{\mu} \text { basis }}{\text { QCD in chiral }}:\left(q_{R}^{\dagger}, q_{L}^{\dagger}\right)\left(\begin{array}{cc}E-g A_{0}+\vec{\sigma} \cdot(\vec{p}+g \vec{A}) & m_{q} \rightarrow 0 \\ m_{q} \rightarrow 0 & E+g A_{0}-\vec{\sigma} \cdot(\vec{p}-g \vec{A})\end{array}\right)\binom{q_{R}}{q_{L}}, \quad q_{R / L}=\binom{u_{R / L}}{d_{R / L}}$
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Axial Current: $A_{\mu}^{a}:=j_{R}^{\mu a}-j_{L}^{\mu a}=\bar{q} \gamma^{\mu} \gamma_{5} \frac{\tau^{a}}{2} q \quad \Longrightarrow \quad$ Axial Charges: $Q^{a}=\int \mathrm{d}^{3} r q^{\dagger} \gamma_{5} \frac{\tau^{a}}{2} q$
Symmetry realised in Nature?

$$
\begin{aligned}
& \left.\left.\left.H\left(Q_{5}^{a} \mid \text { state }\right\rangle\right)=Q_{5}^{a}(H \mid \text { state }\rangle\right)=E\left(Q_{5}^{a} \mid \text { state }\right\rangle\right) \\
& \left.\left.P\left(Q_{5}^{a} \mid \text { state }\right\rangle\right)=-Q_{5}^{a}(P \mid \text { state }\rangle\right)
\end{aligned}
$$

$\Longrightarrow Q_{5}^{a} \mid$ state $\rangle$ should have same mass, opposite parity.

## Chiral Symmetry Is Broken!

$\Longrightarrow Q_{5}^{a} \mid$ state $\rangle$ should have same mass, opposite parity. but we see no low-lying parity doublets in Nature: $m\left[I\left(J^{+}\right)\right] \neq m\left[I\left(J^{-}\right)\right]$

Meson Mass Spectrum


Baryon Mass Spectrum

[Cohen/Glozman IJMPA17 (2002) 1327]
$\Longrightarrow$ Axial $S U_{A}(2)$ symmetry generated by $Q_{5}^{a}$ is broken although $\mathcal{L}$ is invariant: Noether???

Spontaneous Symmetry Breaking: Strange But Not Uncommon

Example Ferromagnet:
Spin-spin interactions $\vec{\sigma}_{1} \cdot \vec{\sigma}_{2}$
rotationally symmetric (isotropy),
but ground state wants
all spins aligned:
point in same direction.
$\Longrightarrow$ Preferred orientation.

## Nambu-Goldstone Symmetry Breaking

## Example: Global $U(1)$ Symmetry Breaking in the Nonlinear $\sigma$ Model

Landau-Ginzburg model of complex scalar $\Phi: \mathcal{L}_{\mathrm{LG}}=\left(\partial_{\mu} \Phi\right)^{\dagger}\left(\partial^{\mu} \Phi\right)-\lambda\left[\Phi^{\dagger} \Phi-a^{2}\right]^{2}$ depends on magnitude $|\Phi|$, not on phase: continuous global symmetry $\mathcal{L}_{\mathrm{LG}}\left(\mathrm{e}^{\mathrm{i} \alpha} \Phi\right)=\mathcal{L}_{\mathrm{LG}}(\Phi)(\alpha \in \mathbb{R})$. Field Theory: Potential at every point $x$, particles are excitations moving between points $x_{1} \rightarrow x_{2}$.

Noether?? Semi-classical: quantum fluctuations around classical ground state/state of least action.


For $\lambda<0$, ground state has same symmetry:
$\langle\Phi\rangle=0$ : Zero Vacuum Expectation Value (VEV)
Re-parametrise oscillations around ground state:

$$
\Phi(x)=\frac{\sigma(x)+\mathrm{i} \pi(x)}{\sqrt{2}} \text { with real fields } \sigma, \pi
$$

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Wigner-Weyl (Symmetric) mode: ground and particle states share symmetry of Lagrangean.

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Wigner-Weyl (Symmetric) Mode: ground and particle states share symmetry of Lagrangean.


Nambu-Goldstone (Symmetry-Broken) Mode: states do not share symmetry of Lagrangean. Pion becomes massless: Goldstone boson.

Nambu-Goldstone Symmetry Breaking

## Example: Global $U(1)$ Symmetry Breaking in the Nonlinear $\sigma$ Model

And here as a movie with sound (click picture):

Spontaneous and Explicit Symmetry Breaking
Scusa, Signiore Morricone, non ho resistito...


Nambu-Goldstone Symmetry Breaking
Example: Global $U(1)$ Symmetry Breaking in the Nonlinear $\sigma$ Model


## Quantum Mechanics and QFT: (Sloppy) Semiclassical Reasoning

Movie (click picture): collapse and dissipation of QM wave function. QM: Goldstone's Spontaneously Broken Symmetry
localised wave function disperses into ground state Spontaneous and Explicit Symmetry Breaking


## From QM To QFT: Circumventing Noether

Intuitively: Excitation at $E \rightarrow 0 \Longrightarrow$ wave length $\lambda \rightarrow \infty$ :
$\Longrightarrow \pi(x) \rightarrow$ constant: $\mathrm{e}^{\mathrm{i} \pi(x) /(\sqrt{2} a)} \rightarrow \mathrm{e}^{\mathrm{i} \alpha}$ just symmetry.
Rotate the whole ferromagnet, not just one individual spin:
Need not overcome interaction energy between neighbours.
a Ground state
b Excited state High energy


For $\lambda \rightarrow \infty \widehat{=} p \rightarrow 0$, neighbours nearly aligned
$\Longrightarrow$ "friction" only at surface of spin wave
$\Longrightarrow$ energy difference between excited and ground state:

$$
\Delta E_{01}(\lambda \rightarrow \infty) \propto \frac{\text { surface }}{\text { volume } \mathcal{V}} \xrightarrow{\mathcal{V} \rightarrow \infty} 0
$$

C
Excited
state
Low energy


For $p \rightarrow 0: E^{2}(p)-p^{2}=0$, Goldstone Boson is "massless excitation".

Localised spin wave is superposition of eigenstates. $\Longrightarrow$ Dissipates with time into symmetric form.

$$
\text { Transition amplitude } \propto \sum_{\text {states } k} a_{k}(t) \mathrm{e}^{-\mathrm{i} E^{(k)} t} \text { with dissipation timescale } \frac{1}{\Delta E_{01}} \xrightarrow{\substack{\lambda \rightarrow \infty \\ \mathcal{V} \rightarrow \infty}} \infty
$$

$\Longrightarrow$ Zero transition for momentum $p \propto \frac{1}{\lambda} \rightarrow 0 . \quad$ Goldstone Bosons Decouple At Zero Momentum.
Strictly speaking, there is no Spontaneous Continuous Symmetry Breaking for finite number of degrees of freedom (QM, finite volume, lattice). In practise, metastable when dissipation timescale $\gg$ lifetime of universe.

## QFG: Nambu-Goldstonetheoren (Sloppy Version)

Nambu 1960 (Nobel 2008),
Jeffrey Goldstone 1961
cond-mat: Anderson/Bogoliubov 1958
Quantum Mechanics: Noether's Theorem: Symmetries of $\mathcal{L}$ must be symmetries of the ground state. Quantum Field Theory: $\infty$ many degrees of freedom $\Longrightarrow$ not necessarily true (loophole in Noether).

Take a global, continuous symmetry of $\mathcal{L}$ which is generated by $N$ conserved charges.

$$
\text { Here: } S U_{R}(2) \times S U_{L}(2): N=6 \text { charges: } 3 Q_{R}^{a} \& 3 Q_{L}^{a}
$$

Let the vacuum state show only $n<N$ symmetries (i.e. VEV has $n$ of these symmetries).

$$
\text { Here: isospin } S U_{V}(2): n=3 \text { charges } Q^{a}=Q_{R}^{a}+Q_{L}^{a} \Longrightarrow \text { flavour symmetry }
$$

Then vacuum only annihilated by $n$ Noether charges and one finds

- $n$ massive fields, $m_{\sigma} \propto$ VEV
- $Q_{A}^{a} \mid$ vac $\rangle \neq 0$ not symmetries of states
- and $(N-n)=3$ massless fields

Here: $Q^{a}|\mathrm{vac}\rangle=0$ with $a=1,2,3$
Here: $f_{0}(500)^{ \pm, 0}\left(I\left[J^{P}\right]=1\left[0^{+}\right]\right): m_{f} \gg m_{\pi}$
Here: $Q_{A}^{a} \mid$ vac $\rangle$ creates a pion.
Here: $\pi^{ \pm, 0}\left(I\left[J^{P}\right]=1\left[0^{-}\right]\right)$pseudoscalar carry the quantum numbers of the $(N-n)$ broken symmetries and do not interact for momenta $p \rightarrow 0$.

## Symmetry Scenarios of Vacuum in QFT with Noether Charges $Q_{N}^{a}$

Either Wigner-Weyl mode: $\left.\begin{array}{l}\text { unbroken/ } \\ \text { invariant }\end{array} \mathrm{e}^{\mathrm{i} Q_{\mathrm{N}}^{a} \theta_{a}} \right\rvert\,$ vac $\rangle=\mid$ vac $\rangle \Leftrightarrow Q_{\mathrm{N}}^{a} \mid$ vac $\rangle=0$, symmetry in spectrum

## Or Nambu-Goldstone mode:

 generates massless fields $\pi^{a}(x)$, symmetry not seen in spectrum.

## Explicit Chiral Symmetry Breaking: Tilting the Hat

$$
m_{\pi}=140 \mathrm{MeV} \ll 1 \mathrm{GeV} \text { typical QCD scale, but not zero. }
$$

$\Longrightarrow$ Need additional small explicit breaking of chiral symmetry.
Analogy in Landau-Ginzburg: small tilt $\epsilon$ leaves $\sigma$ alone, only affects $\pi$, keeps minimum at $a$ :

$$
\begin{gathered}
V_{\mathrm{LG}} \rightarrow V_{\mathrm{LG}} \underbrace{-\epsilon a^{4}\left[\mathrm{e}^{\mathrm{i} \pi /(\sqrt{2} a)}+\mathrm{e}^{-\mathrm{i} \pi /(\sqrt{2} a)}\right]}_{=-2 \epsilon a^{4} \cos \frac{\pi(x)}{\sqrt{2} a}} \rightarrow V_{\mathrm{LG}}-2 \epsilon a^{4}+\frac{1}{2} \underbrace{\epsilon a^{2}}_{=m_{\pi}^{2}} \pi^{2}-\underbrace{\frac{\epsilon}{48}}_{m_{\pi}^{2} / a^{2}} \pi^{4}+\mathcal{O}\left(\pi^{6}\right) \\
m_{\pi}=\sqrt{\epsilon a^{2}} \approx 140 \mathrm{MeV}(\neq 0) \ll 1 \mathrm{GeV} \approx m_{\sigma}=\sqrt{4 \lambda a^{2}} \text { for tilt } \epsilon \ll \lambda
\end{gathered}
$$

Also predicts/fixes more interactions to/from $m_{\pi}$.

## 3 Important Take-Home Messages: Nambu-Goldstone $(\chi)$ SSB

## Goldstone Bosons are "massless" excitations of the vacuum/ground state: $E(p \rightarrow 0) \rightarrow 0$ !

Goldstone Bosons Decouple At Zero Momentum:
"No Interactions as $p \rightarrow 0$ ".
Feynman rules: interactions depend on $p^{2}, p^{4} \ldots$
a Ground
state
b Excited state High energy

(Broken) Symmetries Relate Some (Not AII) Interactions.

 Interactions "bend" Goldstone Boson in angular direction. In a moment: self-interactions "bend" pion to stay on Chiral Circle.



$$
f_{\pi}^{2}
$$



EFT Take-Home Message: "Bounded In A Nutshell" Hamlet, II.ii background: U. van Kolck


# (e) Chiral Perturbation Theory: Mesons in $\chi \mathrm{EFT}_{\text {Gasserlceuthyyer, }}^{\text {Weinber }} 1979$, 

The Most Important QCD Symmetry: Chiral Symmetry [PDG 2014]

$\chi$ EFT relates quark parameters $\left(m_{q}, \ldots\right)$ and pion/low-energy parameters $\left(m_{\pi}, f_{\pi}, \ldots\right)$. Prior: "Current Algebra": hard, unknown corrections. [Gell-Mann,... 1964-]

Now: Chiral Low Energy Theorems: simpler, systematic corrections.
[Weinberg, Gasser/Leutwyler/... 1979-]

## Pion Decay: Mass, Fixing Parameter $f_{\pi}=[92.21 \pm 0.15] \mathrm{MeV} \mathrm{V}_{\text {move: scripl }}^{\text {[PDG } 214]}$

LO $\chi \mathrm{EFT}: \mathcal{L}_{\pi}=\frac{f_{\pi}^{2}}{4} \operatorname{tr}\left[\left(\partial_{\mu} U^{\dagger}\right)\left(\partial^{\mu} U\right)\right]$ separately invariant under $U \rightarrow L U R, L, R \in S U(2)$.
$\Longrightarrow$ Noether: axial current conserved (indeed axial: $P \pi^{a}=-\pi^{a}$ )
$A_{\mu}^{a}(x)=\cdots=-\mathrm{i} \frac{f_{\pi}^{2}}{2} \operatorname{tr}\left[\left(\partial_{\mu} U^{\dagger}\right)\left\{\frac{\tau^{a}}{2}, U\right\}\right]=\cdots=-f_{\pi}\left(\partial_{\mu} \pi^{a}\right)+\cdots \rightarrow \mathrm{i} f_{\pi} q_{\mu} \pi^{a}(q)$ odd in $\pi^{a}$
Spontaneous Symmetry Breaking: Currents/operators still conserved - vacuum/states break symmetry! $\pi^{+} \rightarrow \mu^{+} v_{\mu}$ in $\tau=26.033 \mathrm{~ns}$ : Let $\pi^{+}=\frac{\pi^{1}-\mathrm{i} \pi^{2}}{\sqrt{2}}$ decay by coupling pion current $A_{\mu}^{a}$ to leptons:

$\left\langle\mu^{+} v_{\mu}\right|$ create lepton $\otimes$ annihilate pion $\left|\pi^{+}\right\rangle=$lepton $\otimes\langle$ no hadron $| \mathrm{i} f_{\pi} q_{\mu} \pi^{a}\left|\pi^{+}(q)\right\rangle=\mathrm{i} f_{\pi} \sqrt{2} q_{\mu}$
$\Longrightarrow \frac{1}{\tau} \propto\left|\mathcal{M}\left(\pi^{+} \rightarrow \mu^{+} v_{\mu}\right)\right|^{2} \propto f_{\pi}^{2} q^{2}=f_{\pi}^{2} m_{\pi}^{2} \quad$ (pion on-shell).
$\Longrightarrow$ Pion Decay Constant $f_{\pi}$ parametrises pion decay! (Duh!)
No Decay for $m_{\pi}=0$ : Goldstone boson decouples $\checkmark ; \partial^{\mu} A_{\mu}^{a} \rightarrow q_{\mu} f_{\pi} q^{\mu} \pi^{a}=q^{2} f_{\pi} \pi^{a}=0$ conserved $\checkmark$.
$\Longrightarrow$ Real World: Measure pion decay to find $f_{\pi}= \begin{cases}{[92.21 \pm 0.15] \mathrm{MeV}} & \text { [PDG 2014] } \\ {[92.32 \pm 0.30] \mathrm{MeV}} & \text { [PDG 2022, eq. (72.23)] }\end{cases}$
Some, including PDG, use same symbol but mean $\sqrt{2} f_{\pi} \approx 130 \mathrm{MeV}$.

## Explicit Symmetry Breaking, Chiral Condensate as Order Parameter

QCD: Quark-mass term breaks axial symmetry: $\mathcal{L}_{m \mathrm{QCD}}=-m_{q} \bar{q} q=-\left(\begin{array}{c}q_{R}^{\dagger}, q_{L}^{\dagger}\end{array}\right)\left(\begin{array}{cc}0 & m_{q} \\ m_{q} & 0\end{array}\right)\binom{q_{R}}{q_{L}}$ measures degree of chirality mixture; symmetric under $T, C, P$, isospin $S U_{V}(2)$ - not under $S U_{A}(2)$.
$\Longrightarrow$ Order parameter of $\chi$ SSB is the condensate of $\bar{q} q$ pairs in vacuum: vacuum is not empty!

$$
\langle\bar{q} q\rangle:=\langle\operatorname{vac}|\left[\bar{q}_{L} q_{R}+\bar{q}_{R} q_{L}\right]|\operatorname{vac}\rangle=\langle[\bar{u} u+\bar{d} d]\rangle=2\langle\bar{u} u\rangle \neq 0
$$

Landau-Ginzburg order parameter: VEV $\langle\operatorname{vac}| \Phi^{\dagger} \Phi \mid$ vac $\rangle=a^{2} \neq 0$ parametrises degree of SSB

$$
\mathcal{L}_{\mathrm{exLG}}=-\epsilon a^{4}\left[\mathrm{e}^{\mathrm{i} \pi /(\sqrt{2} a)}+\mathrm{e}^{-\mathrm{i} \pi /(\sqrt{2} a)}\right] \text { breaks symmetry } \Phi \rightarrow \mathrm{e}^{\mathrm{i} \alpha} \Phi \text { explicitly by tilt }
$$

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\mathcal{L}_{\mathrm{exLG}}=-\epsilon a^{4}\left[\mathrm{e}^{\mathrm{i} \pi /(\sqrt{2} a)}+\mathrm{e}^{-\mathrm{i} \pi /(\sqrt{2} a)}\right] \text { breaks symmetry } \Phi \rightarrow \mathrm{e}^{\mathrm{i} \alpha} \Phi \text { explicitly by tilt }
$$

$\chi$ EFT: $\mathcal{L}_{\text {exSB }}=B \frac{f_{\pi}^{2} m_{q}}{2} \operatorname{tr}\left[U(x)+U^{\dagger}(x)\right] \quad$ not invariant under $S U_{R}(2) \times S U_{L}(2): U \rightarrow R U L^{\dagger}$ but under $S U_{V}(2)(V=L=R): \quad U \rightarrow V U V^{\dagger}$

$$
\begin{array}{r}
=2 B f_{\pi}^{2} m_{q}-\underbrace{B m_{q}}_{\text {pion mass: }=m_{\pi}^{2} / 2 \neq 0} \pi^{a}(x) \pi_{a}(x)+\left(\pi^{4} \ldots\right) \text { sets again some higher-order interactions } \\
\text { even \# of pions: parity-even } \checkmark \\
\operatorname{tr}\left[U(x)-U^{\dagger}(x)\right] \text { would be parity-odd } \times
\end{array}
$$

Equate VEVs: $\left\langle\mathcal{L}_{\mathrm{exSB}}\right\rangle=\left\langle 2 B f_{\pi}^{2} m_{q}+\mathcal{O}\left(Q^{2}\right)\right\rangle \stackrel{!}{=}-m_{q}\langle\bar{q} q\rangle=\left\langle\mathcal{L}_{m \mathrm{QCD}}\right\rangle \Longrightarrow B=-\frac{\langle\bar{q} q\rangle}{2 f_{\pi}^{2}}>0$

$$
\Longrightarrow m_{\pi}^{2}=-\frac{m_{q}}{f_{\pi}^{2}}\langle\bar{q} q\rangle+\ldots \text { Gell-Mann-Oakes-Renner relation }
$$

$\Longrightarrow m_{\pi} \neq 0$ by small quark mass + vacuum condensate of $\bar{q} q$ pairs (cf. superconductor: Cooper pairs) Explains "quadratic mass formula" for light meson octet.

## Chiral Condensate and Gell-Mann-Oakes-Renner in Lattice QCD

$m_{\pi}$ from quark condensate ( $\chi \mathrm{SB}$ order param.): $m_{\pi}^{2}=-\frac{m_{q}}{f_{\pi}^{2}}\langle\bar{q} q\rangle+\mathcal{O}\left(m_{q}^{2} \rightarrow \frac{m_{\pi}^{2}}{\sim 1 \mathrm{GeV}^{2}} \sim 3 \%\right)$.
isospin symmetry of $q=\binom{u}{d}:\langle\bar{q} q\rangle=2\langle\bar{u} u\rangle=2\langle\bar{d} d\rangle$
phenomenology: $\langle\bar{u} u\rangle \approx-(250 \mathrm{MeV})^{3} \approx-2 \mathrm{fm}^{-3} \gg \rho_{\text {nucl. matter }}=0.17 \mathrm{fm}^{-3}=(100 \mathrm{MeV})^{3}$ lattice QCD: $\langle\bar{u} u\rangle=-([251 \pm 7 \pm 11] \mathrm{MeV})^{3}$ [JLQCD: Phys. Rev. Lett. 98 (2007) 172001]


Predicted $m_{\pi}$-dependence consistent with lattice QCD. $\Longrightarrow$ Confirms $\chi$ EFT, chiral symmetry. $\chi$ EFT ok up to $m_{\pi} \lesssim 600 \mathrm{MeV}$, in line with breakdown scale $\Lambda_{\chi \text { EFT }} \sim m_{\rho} \sim 1 \mathrm{GeV}$.

## LO Lagrangean and $\pi \pi S$-Wave Scattering Lengths

$$
\mathcal{L}_{\chi \mathrm{EFT}}^{\mathrm{LO}}=\frac{f_{\pi}^{2}}{4} \operatorname{tr}\left[\left(\partial_{\mu} U\right)^{\dagger}\left(\partial^{\mu} U\right)\right]+\frac{m_{\pi}^{2}}{4} f_{\pi}^{2} \operatorname{tr}\left[U+U^{\dagger}\right]
$$

Parameter-free prediction for LO $\pi \pi$ scattering lengths $\left[m_{\pi}^{-1}\right]$ : $a_{I=0}=\frac{7 \pi}{2}\left(\frac{m_{\pi}}{4 \pi f_{\pi}}\right)^{2}=+0.16$ unnaturally small because $a_{I=2}=-\pi\left(\frac{m_{\pi}}{4 \pi f_{\pi}}\right)^{2}=-0.05 \quad$ Goldstone bosons decouple. $\checkmark$

Now calculated to 2-loop order, i.e. $\mathcal{O}\left(Q=\frac{m_{\pi}}{4 \pi f_{\pi}}\right)^{6}$ [Bijnens].

Confirms chiral symmetry.

Theory: Chiral Symmetry + Roy Equations G. Colangelo et al. Nucl. Phys. B 603 (2001) I25



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Now calculated to 2-loop order, i.e. $\mathcal{O}\left(Q=\frac{m_{\pi}}{4 \pi f_{\pi}}\right)^{6}$ [Bijnens].

Confirms chiral symmetry.

Theory: Chiral Symmetry + Roy Equations G. Colangelo et al. Nucl. Phys. B 603 (2001) I25


# (f) $1 N-\chi$ EFT: (Heavy) Baryon $\chi$ PT 

Gasser/Sainio 1988, Jenkins/Manohar 1994, Bernard/Kaiser/Meißner 1995,...

## The Goldberger-Treiman Relation

Decay $n \rightarrow p e^{-} \bar{v}_{e}$ dominated by axial contribution $g_{A} \bar{u}_{p} \gamma^{\mu} \gamma_{5} u_{n}$ with $I\left[J^{P}\right]=1\left[0^{-}\right]$as pion.

Idea: microscopically saturated by decay of virtual pion in cloud.


Other particles: separation of scales $\Longrightarrow$ not resolved: suppressed in $Q$ and/or absorbed in LECs.
Rigorous calculation in LO $\chi$ EFT relates $\pi N$ coupling $g_{\pi N N}=g_{A} \frac{M_{N}}{f_{\pi}}+$ corrections.
Data:

$$
\begin{aligned}
g_{\pi N N}=13.21_{-0.05}^{+0.11} & \text { pion-photoproduction } \gamma N \rightarrow \pi N[\mathrm{SS} 4.3] \\
g_{A}=1.2695(29) & \text { axial coupling in neutron decay } n \rightarrow p e^{-} \bar{v}_{e}[\mathrm{SS} 4.3] \\
f_{\pi}=92.21(15) \mathrm{MeV} & \text { pion decay } \pi^{+} \rightarrow \mu^{-} v_{\mu}[\mathrm{PDG} 2014]
\end{aligned}
$$

$\Longrightarrow$ Goldberger-Treiman Discrepancy $\Delta_{G T}=1-\frac{g_{A} M_{N}}{g_{\pi N N} f_{\pi}}=\left[2.15_{-0.51}^{+0.89}\right] \%$ indeed tiny. Another consequence of chiral symmetry and its breaking!

## Chirally Symmetric Interactions in the $\pi N$ System

$\Longrightarrow$ Chiral symmetry derives prefactor of isospin-symmetric $\pi N$ interaction stated in [ResReg]:


$$
\chi \text { symmetry: } U=\mathrm{e}^{\frac{\mathrm{i} \tau^{a} \tau_{a}}{f \pi}}=1+\frac{\mathrm{i} \pi^{a}(x) \tau^{a}}{f_{\pi}}-\frac{\pi^{a}(x) \pi^{b}(x) \overbrace{\tau^{a} \tau^{b}}=\delta^{a b}+\mathrm{i} \epsilon^{a b c} \tau_{c}}{2 f_{\pi}^{2}}+\ldots
$$

$\Longrightarrow S U_{A}(2)$ curvature $\epsilon^{a b c}$ of SSB potential prescribes more interactions with odd \# of $\pi^{a}$, cf. qualitatively:
$\sim \frac{g_{A}}{2 f_{\pi}} q_{123} \epsilon^{a b c} \gamma_{5}$

$\sim \frac{g_{A}}{2 f_{\pi}} q_{12345} \epsilon^{a b c \cdots} \gamma_{5}$

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$$

$\Longrightarrow S U_{A}(2)$ curvature $\epsilon^{a b c}$ of SSB potential prescribes more interactions with odd \# of $\pi^{a}$, cf. qualitatively:

$$
\sim \frac{g_{A}}{2 f_{\pi}} \not q_{123} \epsilon^{a b c} \gamma_{5}
$$


$\sim \frac{g_{A}}{2 f_{\pi}} q_{12345} \epsilon^{a b c \cdots} \gamma_{5}$

$\Longrightarrow \chi$ sym. quantitatively predicts charged-pion photoproduction.
Used to determine $g_{\pi N N}$.

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$$


$\sim \frac{g_{A}}{2 f_{\pi}} q_{12345} \epsilon^{a b c \ldots} \gamma_{5}$

$\Longrightarrow \chi$ sym. quantitatively predicts charged-pion photoproduction.
Used to determine $g_{\pi N N}$.
First $N \pi \pi$ interaction comes from curvature of SSB potential, cf. $\pi^{a}, q \searrow \quad \pi^{b}, q^{\prime} \nearrow$

$$
: \frac{1}{4 f_{\pi}^{2}}\left(q+\not q q^{\prime}\right) \epsilon^{a b c} \tau_{c} \text { charge-transfer, no } g_{A}!
$$

decouples by $\chi$ SSB for $q \rightarrow 0 \checkmark$

## Sketch of the HW Problem: $\pi N$ Scattering Length



LO $\chi$ EFT amplitudes:


Isospinology in [ResReg: II.3.f]: $N \otimes \pi^{a}: \frac{1}{2} \otimes 1=\frac{1}{2} \oplus \frac{3}{2} \Longrightarrow 2$ amplitudes $\mathcal{M}_{2 I+1=4}, \mathcal{M}_{2}$.

- Diagrams $=\mathrm{i} \times$ amplitude $=\mathrm{i} T^{a b}=\mathrm{i}[\underbrace{\delta^{a b} T^{+}}_{\text {symmetric }} \underbrace{-\mathrm{i} \epsilon^{a b c} \tau_{c} T^{-}}_{\text {antisymmetric }}]$.
- Most interested in prediction involving SSB curvature: Weinberg-Tomozawa $\frac{1}{4 f_{\pi}^{2}}\left(q^{\prime}+q^{\prime}\right) \epsilon^{a b c} \tau_{c}$. $\Longrightarrow$ Consider charge-transfer or charged pion scattering; track WT term (the one without $g_{A}!$ ).
$\Longrightarrow$ Go for $T^{-}$: coefficient of operator $\epsilon^{a b c} \tau_{c}$.


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$\Longrightarrow$ Go for $T^{-}$: coefficient of operator $\epsilon^{a b c} \tau_{c}$.
$\bullet$ Use crossing symmetry $q \longleftrightarrow-q$ ' for "crossed" diagram: interaction sequence $a \rightarrow b$ vs. $b \rightarrow a$.
- For cross sections, sum all 3 amplitudes, square total: QM interference matters!


## Sketch of the HW Problem: $\pi N$ Scattering Length



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$$
\Longrightarrow \text { Go for } T^{-}: \text {coefficient of operator } \epsilon^{a b c} \tau_{c} \text {. }
$$

$\bullet$ Use crossing symmetry $q \longleftrightarrow-q^{\prime}$ for "crossed" diagram: interaction sequence $a \rightarrow b$ vs. $b \rightarrow a$.

- For cross sections, sum all 3 amplitudes, square total: QM interference matters!
- Scattering length is easier (HW): Zero-momentum scattering $q=q^{\prime}=\left(m_{\pi}, \overrightarrow{0}\right), p=p^{\prime}=\left(M_{N}, \overrightarrow{0}\right)$.
- Use norm $\bar{u} u=2 M$ and without proof at $q=q^{\prime}=\left(m_{\pi}, \overrightarrow{0}\right): \bar{u} q u=2 M m_{\pi}$.
- Use without proof: scatt. lengths $a^{ \pm}=\frac{1}{8 \pi \sqrt{s}} T^{ \pm} \quad$ since $\sigma(\vec{q}=0)=4 \pi a^{2}=\int \mathrm{d} \Omega \frac{|T|^{2}}{64 \pi^{2} s}$
- Chiral limit, compare to experiment, error-assessment.

|  | $a^{+}\left[10^{-4} \mathrm{MeV}^{-1}\right]$ | $a^{-}\left[10^{-4} \mathrm{MeV}^{-1}\right]$ |
| :--- | :--- | :--- |
| $\chi$ EFT without WT (i.e. not really "LO") | -0.680 | +5.06 |
| LO $\chi$ EFT (really, with WT) parameter-free | $-0.680 \pm \ldots$ | $+5.71 \pm \ldots$ |
| PWA-I [Koch 1986] | $-0.7 \pm 0.1$ | $+6.6 \pm 0.1$ |
| PWA-II [Matsinos 1997] | $+0.20 \pm 0.12$ | $+5.8 \pm 0.1$ |
| pionic hydrogen [Schröder 2001] | $-0.27 \pm 0.36$ | $+6.59 \pm 0.30$ |
| $\mathrm{~N}^{2}$ LO $\chi$ EFT (data extraction)[Siemens/.. 1602.02640] | $+0.2 \pm 0.1$ | $+5.91 \pm 0.04$ |



## When $\chi$ EFT Does Not Work: "Ruler Plots"

0810.0663; name: B. Tiburzi populariser: A. Walker-Loud this version after Bernard 1510.02180


$$
\chi \mathrm{EFT}: M_{N}\left(m_{\pi}\right)-M_{N}\left(m_{\pi}=0\right) \propto m_{q} \propto m_{\pi}^{2}
$$

Lattice at $m_{\pi} \gtrsim 200 \mathrm{MeV}: M_{N}=800.0 \mathrm{MeV}+1.0 m_{\pi}!\mathbf{W H Y ? ?}$

## Polarisabilities: Stiffness of Charged Constituents in El.-Mag. Fields

Example: induced electric dipole radiation off harmonically bound charge, damping $\Gamma$


Dis-entangle interaction scales, symmetries \& mechanisms with \& among constituents.
$\Longrightarrow$ Clean, perturbative probe of $\chi$ iral symmetry of pion-cloud \& its breaking.
Fundamental hadron properties, like charge, mass, mag. moment, $\left\langle r_{N}^{2}\right\rangle \ldots$ [PDG]


## All 1N Contributions to $\mathrm{N}^{4} \mathrm{LO}$



Unknowns: short-distance $\delta \alpha, \delta \beta \Longleftrightarrow$ Fit static $\alpha_{E 1}, \beta_{M 1}$ (offset). $\Longrightarrow$ Predict $\omega$-dependence.






$\omega \ll m_{\pi}$ : more than "static+slope"! $\Longrightarrow$ Understand dynamics to extrapolate from data to $\omega=0$.
$\Delta(1232)$ clearly needed as effective degree of freedom: bump at $\omega \sim M_{\Delta}-M_{\mathrm{N}}$.
$\Longrightarrow$ Compress rich dynamics into few numbers.

## (g) Error-Bars for Nuclear Physics!



$$
\begin{array}{lll}
\text { Fit to LECs } \delta \alpha_{E 1}, \delta \beta_{M 1} \widehat{=} \alpha_{E 1}^{p}(\omega=0)\left[10^{-4} \mathrm{fm}^{3}\right] & \beta_{M 1}^{p}(\omega=0)\left[10^{-4} \mathrm{fm}^{3}\right] & \chi^{2} / \text { d.o.f. } \\
\text { LO parameter-free } & 1.25 & \text { no fit } \\
\text { [Bernard/Kaiser/Meißner 1992-4] } & 12.5 & \\
\mathrm{~N}^{2} \mathrm{LO} \text { Baldin constrained } \\
\alpha_{E 1}^{p}+\beta_{M 1}^{p}=13.8 \pm 0.4 & 10.65 \pm 0.35_{\text {stat }} \pm 0.2 \Sigma \pm 0.3_{\text {theory }} & 3.15 \mp 0.35_{\text {stat }} \pm 0.2 \Sigma \mp 0.3_{\text {theory }} \\
\frac{113.2}{135}
\end{array}
$$

## Easy: Statistical (Experimental) Error

## Traditional Tests of Fit Stability:

floating norms within exp. sys. errors;
vary dataset, parameter $b_{1}$, vertex dressing,...
Check consistency with Baldin $\Sigma$ Rule

$$
\begin{aligned}
\alpha_{E 1}+\beta_{M 1} & =\frac{1}{2 \pi^{2}} \int_{V_{0}}^{\infty} \mathrm{d} v \frac{\sigma(\gamma p \rightarrow X)}{v^{2}} \\
& =13.8 \pm 0.4 \text { [OImos de Leon 2001] }
\end{aligned}
$$

## Harder: $\chi$ EFT Truncation Error

A-priori Assessment: $\delta^{3} \sim 7 \%$ of 10 ?/of 3 ?
A-posteriori Assessment:
Corrections smaller at higher orders, but what does that mean?

PHYSICAL REVIEW A 83, 040001 (2011)

## Editorial: Uncertainty Estimates

The purpose of this Editorial is to discuss the importance of including uncertainty estimates in papers involving theoretical calculations of physical quantities.

It is not unusual for manuscripts on theoretical work to be submitted without uncertainty estimates for numerical results. In contrast, papers presenting the results of laboratory measurements would usually not be considered acceptable for publication

The question is to what extent can the same high standards be applied to papers reporting the results of theoretical calculations. It is all too often the case that the numerical results are presented without uncertainty estimates. Authors sometimes say that it is difficult to arrive at error estimates. Should this be considered an adequate reason for omitting them? In order to answer this question, we need to consider the goals and objectives of the theoretical (or computational) work being done. Theoretical papers physical effects not included in the calculation from the beginning, such as electron correlation and relativistic corrections. It is of course never possible to state precisely what the error is without in fact doing a larger calculation and obtaining the higher accuracy. However, the same is true for the uncertainties in experimental data. The aim is to estimate the uncertainty, not to state the exact amount of the error or provide a rigorous bound.

There are many cases where it is indeed not practical to give a meaningful error estimate for a theoretical calculation; for example, in scattering processes involving complex systems. The comparison with experiment itself provides a test of our theoretical understanding. However, there is a broad class of papers where estimates of theoretical uncertainties can and should be made. Papers presenting the results of theoretical calculations are expected to include uncertainty estimates for the calculations whenever practicable, and especially under the following circumstances:

1. If the authors claim high accuracy, or improvements on the accuracy of previous work.
2. If the primary motivation for the paper is to make comparisons with present or future high precision experimental measurements.
3. If the primary motivation is to provide interpolations or extrapolations of known experimental measurements.

These guidelines have been used on a case-by-case basis for the past two years. Authors have adapted well to this, resulting in papers of greater interest and significance for our readers.

Non-Theory Errors: Numerical $\Longrightarrow$ better computers. Statistical/parameter $\Longrightarrow$ better data.

## (Dis)Agreement Significant Only When All Error Sources Explored

physical effects not included in the calculation from the beginning, such as electron correlation and relativistic corrections. It is of course never possible to state precisely what the error is without in fact doing a larger calculation and obtaining the higher accuracy. However, the same is true for the uncertainties in experimental data. The aim is to estimate the uncertainty, not to state the exact amount of the error or provide a rigorous bound.

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$$
\alpha_{E 1}^{p}=10.65 \pm 0.35_{\text {stat }} \pm 0.2_{\Sigma} \pm 0.3_{\text {theory }}
$$

The Editors

Non-Theory Errors: Numerical $\Longrightarrow$ better computers. Statistical/parameter $\Longrightarrow$ better data.
Theoretical uncertainty: Truncation of Physics
EFT claim: systematic in $Q=\frac{\text { typ. low scale } p_{\text {typ }}}{\text { typ. high scale } \bar{\Lambda}_{E F T}}$

> :) You have much skill in expressing yourself to be effective.

Scientific Method: Quantitative results with corridor of theoretical uncertainties for falsifiable predictions. Need procedure which is established, economical, reproducible: room to argue about "error on the error". "Double-Blind" Theory Errors: Assess with pretense of no/very limited data.

## What Does "Conservative" Uncertainty Mean?

$\chi E F T \alpha_{E 1}^{(\mathrm{p})}-\beta_{M 1}^{(\mathrm{p})}\left[10^{-4} \mathrm{fm}^{3}\right]: 7.5 \pm ? ? ?_{\mathrm{th}}=11.2 \mathrm{LO}^{-3.6} \mathrm{NLO}^{-0.1} \mathrm{~N}^{2} \mathrm{LO}^{ \pm ? ? ?}$ th
Observable as series:
$\mathcal{O}={ }^{c_{0}} \quad+c_{1} \delta^{1}+c_{2} \delta^{2} \quad+$ unknown $c_{3} \times \delta^{3}$
Assuming $\delta \simeq 0.4: \quad 11.2 \quad-9.1 \delta^{1}-0.6 \delta^{2} \quad$ +unknown $\times \delta^{3}$
$\Longrightarrow$ Estimate next term "most conservatively" as |unknown $c_{3} \mid \lesssim R:=\max \left\{\left|c_{0}\right| ;\left|c_{1}\right| ;\left|c_{2}\right|\right\}$.


No infinite sampling pool; data fixed; more data changes confidence.
Call upon the Reverend Bayes for probabilistic interpretation!
e.g. BUQEYE collaboration [Furnstah//Phillips/... 1506.01343+1511.01952+...]

New information increases level of confidence.
$\Longrightarrow$ Smaller corrections, more reliable uncertainties.
BUQEYE Collaboration Clearly state your premises/assumptions - including naturalness.


Priors: leading-omitted term dominates ( $\delta \ll 1$ ); putative distributions of all $c_{k}$ 's and of largest value $\bar{c}$ in series.

Uniform "least informed/-ative": All values $c_{k}$ equally likely, given upper bound $\bar{c}$ of series.

"Any upper bound" (Benford's Law):
ln-uniform prior sets no bias on scale of $\bar{c}$

equi-distribution on $\ln$ scale


Quantifying Beliefs in $\mathcal{O}=\delta^{n}\left(c_{0}+c_{1} \delta^{1}+c_{2} \delta^{2}+\ldots\right)=11.2-9.1 \delta^{1}-0.6 \delta^{2} \pm 0.6_{\text {th }}$

Input: Expansion parameter $\delta \simeq 0.4$, number of orders $k=1$ (LO)
and probable "largest number" $R=\delta^{k=1} \times \max \left\{\left|c_{0}=11.2\right|\right.$

$$
\}=4.5
$$

Result: Posterior $\equiv$ Degree of Belief (DoB) that next term $c_{k} \delta^{k}$ differs from order- $k$ central value by $\Delta$.
[BUQEYE 1506.01343 eq. (22)]
$\operatorname{pr}(\Delta \mid \max . R$, order $k) \propto \int_{0}^{\infty} \mathrm{d} \bar{c} \operatorname{pr}(\bar{c}) \operatorname{pr}\left(\left.c_{k}=\frac{\Delta}{\delta^{k}} \right\rvert\, \bar{c}\right) \prod_{n}^{k-1} \operatorname{pr}\left(c_{n} \mid \bar{c}\right) \rightarrow \frac{k}{k+1} \frac{1}{2 R}\left\{\begin{array}{ll}1 & |\Delta| \leq R \\ \left(\frac{R}{|\Delta|}\right)^{k+1} & |\Delta|>R\end{array}\right]$


Quantifying Beliefs in $\mathcal{O}=\delta^{n}\left(c_{0}+c_{1} \delta^{1}+c_{2} \delta^{2}+\ldots\right)=11.2-9.1 \delta^{1}-0.6 \delta^{2} \pm 0.6_{\text {th }}$

Input: Expansion parameter $\delta \simeq 0.4$, number of orders $k=2$ (NLO)
and probable "largest number" $R=\delta^{k=2} \times \max \left\{\left|c_{0}=11.2\right| ;\left|c_{1}=-9.1\right| \quad\right\}=1.7$.
Result: Posterior $\equiv$ Degree of Belief (DoB) that next term $c_{k} \delta^{k}$ differs from order- $k$ central value by $\Delta$.
[BuQEYE 1506.01343 eq. (22)]
$\operatorname{pr}(\Delta \mid$ max. $R$, order $k) \propto \int_{0}^{\infty} \mathrm{d} \bar{c} \operatorname{pr}(\bar{c}) \operatorname{pr}\left(\left.c_{k}=\frac{\Delta}{\delta^{k}} \right\rvert\, \bar{c}\right) \prod_{n}^{k-1} \operatorname{pr}\left(c_{n} \mid \bar{c}\right) \rightarrow \frac{k}{k+1} \frac{1}{2 R} \begin{cases}1 & |\Delta| \leq R \\ \left(\frac{R}{|\Delta|}\right)^{k+1} & \begin{array}{l}|\Delta|>R\end{array}\end{cases}$


Quantifying Beliefs in $\mathcal{O}=\delta^{n}\left(c_{0}+c_{1} \delta^{1}+c_{2} \delta^{2}+\ldots\right)=11.2-9.1 \delta^{1}-0.6 \delta^{2} \pm 0.6_{\text {th }}$

Input: Expansion parameter $\delta \simeq 0.4$, number of orders $k=3$ ( $\left.\mathbf{N}^{2} \mathbf{L O}\right)$
and probable "largest number" $R=\delta^{k=3} \times \max \left\{\left|c_{0}=11.2\right| ;\left|c_{1}=-9.1\right| ;\left|c_{2}=-0.6\right|\right\}=0.7$.
Result: Posterior $\equiv$ Degree of Belief (DoB) that next term $c_{k} \delta^{k}$ differs from order- $k$ central value by $\Delta$.

$$
\begin{aligned}
& \text { [BUQEYE 1506.01343 eq. (22)] } \\
& \qquad \operatorname{pr}(\Delta \mid \max . R, \text { order } k) \propto \int_{0}^{\infty} \mathrm{d} \bar{c} \operatorname{pr}(\bar{c}) \operatorname{pr}\left(\left.c_{k}=\frac{\Delta}{\delta^{k}} \right\rvert\, \bar{c}\right) \prod_{n}^{k-1} \operatorname{pr}\left(c_{n} \mid \bar{c}\right) \rightarrow \frac{k}{k+1} \frac{1}{2 R} \begin{cases}1 & |\Delta| \leq R \\
\left(\frac{R}{|\Delta|}\right)^{k+1} & |\Delta|>R\end{cases}
\end{aligned}
$$


$\Longrightarrow$ Interpretation of all theory uncertainties, with these priors; " $A \pm \sigma$ ": $68 \%$ DoB interval $[A-\sigma ; A+\sigma]$.

## Prior Choice: What is "Natural Size"? (SCOTUS: I Know It When I see It.)

$$
\text { Observable } \mathcal{O}=c_{0}+c_{1} \delta^{1}+c_{2} \delta^{2}+\text { unknown } \times \delta^{3} \text { : assumed } \delta \approx 0.4 \& \text { "naturally-sized coefficients" } c_{i} \text {. }
$$

[Buqeye 1511.03618]: Bayesian technology to extract value of $\delta$ from (many) observables, with degree of belief.


Uniform "Least informativel-ed": characterised by 1 number: $\bar{c}$.


"More informed choices": more complicated structures, more thought, more parameters: $\bar{c}$, typ. size, spread,...
[Buaeye:] When $k \geq 2$ orders known, DoBs with different assumptions about $\bar{c}, c_{n}$ vary by $\lesssim \pm 20 \%$ for some "reasonable priors".

Final Bayes Comments


> Posterior pdf not Gauß'ian:
> Plateau \& power-law tail.
> $\Longrightarrow$ Do not add in quadrature for convolution
> (more like linear).
> Bayes provides well-defined procedure!

Bayes in EFTs also used to estimate:
[BUQEYE Furnstah//Phillips/... l1506.01343, 1511.03618,...

- $k$-dependent $\delta(k)$ estimate from (many) observables ( $\delta \approx 0.4 \sqrt{ }$ );
- breakdown scale $\bar{\Lambda}_{\text {EFT }}$;
- momentum-dependent data-weighting for LEC fitting/extraction;
- build LEC hierarchy into fit;
- "model quality" $\equiv$ correctness of EFT assumptions,...
$\Longrightarrow$ Quantitative theoretical uncertainties make EFT falsifiable:
Economical, reproducible procedure: argue about "error on error".
"The aim is to estimate the uncertainty, not to state the exact amount[. . .]" [PRA Editorial 2011]


I DON'T KNOW HOW TO PROPAGATE ERROR CORRECTLY, SO I JUST PUT ERROR BARS ON ALL MY ERROR BARS.

## Error Estimates: Cooking Recipe with Water

Observable $\mathcal{O}=\underbrace{\left(c_{0}+c_{1} \delta^{1}+c_{2} \delta^{2}+\ldots\right)}_{\text {known/calculated }}+\underbrace{c_{k+1} \delta^{k+1}}_{\text {unknown }}$
High orders like $\mathrm{N}^{5} \mathrm{LO}$ are extremely rare.

$$
\mathcal{O}=7.5=11.2 \mathrm{LO}^{-3.6} \mathrm{NLO}^{-0.1} \mathrm{~N}^{2} \mathrm{LO}
$$

(1) Calculate quantity at every order in your expansion up to and including $\mathrm{N}^{k} \mathrm{LO}(k=0$ is LO$) . \quad \mathrm{N}^{2} \mathrm{LO} \Rightarrow k=2$
(2) Make a reasonable guess about the expansion parameter $\delta=\frac{\text { low momentum } p_{\text {typ. }}}{\text { breakdown } \Lambda_{\mathrm{EFT}}} . \quad \sqrt{\frac{m_{\pi}}{\Lambda_{\chi}}} \approx \frac{M_{\Delta}-M_{\mathrm{N}}}{\Lambda_{\chi}} \approx 0.4$
(3) Identify the coefficients $c_{i}, i=0, \ldots, k$ (up to highest known order $\mathrm{N}^{k} \mathrm{LO}$ ).
$\{11.2 ;-9.1 ;-0.6\}$
(4) Identify the largest-in-magnitude coefficient $\max \left\{\left|c_{i}\right|\right\}$.
probably
11.2
(5) Find the "probable largest number at $\mathrm{N}^{k+1} \mathrm{LO}$ ": $R:=\delta^{k+1} \times \max \left\{\left|c_{i}\right|\right\} \quad>\left|\delta^{k+1} c_{k+1}\right| .11 .2 \times \delta^{3} \approx 0.7$
(6) You can rescale $R$ to an $\alpha \%$ (e.g. $68 \%, 95 \%$ ) interval $R \alpha$; see table on slide 51 (link). $0.7 \times 0.968 \% \approx 0.668 \%$
(7) $R$ and $R_{\alpha}$ is a reasonable estimate of your theory error: $\mathcal{O} \pm R_{(\alpha)}$.
(8) Reproducibly describe in publication what you did.
e.g. arXiv:1511.01952

At LO, $R$ is somewhat less than a $68 \%$ DoB interval, and the tail is very "fat".
At NLO ( $N^{2} \mathrm{LO}$ ), $R$ contains a bit more (less) than $70 \%$ (see comment in box), and the tail is a bit less "fat".
At $\mathrm{N}^{k \geq 3} \mathrm{LO}, R$ contains increasingly more than $70 \%$, the tail gets increasingly less "fat", but exceptional DoBs like $99.5 \%$ are still farther out than $3 R$ or $3 R_{\alpha}$. Rule of Thumb: Tails fatter than you think, never Gaußian.

Remember: You estimate the error. Errors have errors. I do not trust any estimate to better than $20 \%$ of $R_{\alpha}$. If you worry about whether $R\left(R_{\alpha}\right)$ contains $65 \%$ or $70 \%$, you have mis-understood the exercise.
$0.433 \pm 0.325$ makes no sense: precision vs. accuracy.

Bayesian Posterior Shrinkage by Intelligent Design


> Apply Bayesian Experimental Design: Be explicit about assumptions/prejudices.
> Maximise benefits - minimise cost (time, money, workforce, data not taken). Jupyter notebook: buqeye.github.io

Given: (1) Present polarisability errors (exp info); (2) $\chi$ EFT accuracy decreases as $\omega \nearrow$; (3) exp constraints.
Assumption "Doable": Get cross section to $\pm 4 \%$ or asymmetry to $\pm 0.06$ (absolute) at 1 energy and 5 angles.
Gaußian
Process
$\stackrel{\text { rocess }}{\Longrightarrow}$ Likely impact on errors $\Delta\left(\alpha_{E 1}, \beta_{M 1}, \gamma_{i}\right):$ Utility(new data) $=\left\langle\frac{\text { error's hypervolume after new data }}{\text { error's hypervolume before new data }}\right\rangle_{\text {avg }}$ Percent Decrease in Uncertainty


Which 5 angles on proton have biggest impact on a particular polarisability?


## Bayesian Posterior Shrinkage by Intelligent Design

Which 5 angles on proton have biggest impact on a particular polarisability?


## (g) Statistical Interpretation of the Max-Criterion: A Simple Example

I take this table of $\pi N$ scattering parameters in $\chi$ EFT with effective $\Delta(1232)$ degrees of freedom from a talk by Jacobo Ruiz de Elvira. Here, I am not interested in the Physics, but use it as series $c_{i}=c_{i 0}+c_{i 1} \epsilon^{1}+c_{i 2} \epsilon^{2}$ in a small expansion parameter.

| parameter <br> $\left[\mathrm{GeV}^{-1}\right]$ | LO <br> total | NLO <br> total | $\mathrm{N}^{2} \mathrm{LO}$ <br> total | expansion <br> $c_{i 0}+c_{i 1} \epsilon^{1}+c_{i 2} \epsilon^{2}$ | perturbative expansion <br> $\epsilon \approx 0.4$ (guess) |
| :---: | :--- | :--- | :--- | :--- | :--- | :--- |
| $c_{1}$ | -0.69 | -1.24 | -1.11 | $=-0.69+0.55-0.13$ | $=-0.69+1.38 \epsilon^{1}-0.81 \epsilon^{2}$ |
| $c_{2}$ | +0.81 | +1.13 | +1.28 | $=+0.81-0.32-0.15$ | $=+0.81-0.80 \epsilon^{1}-0.94 \epsilon^{2}$ |
| $c_{3}$ | -0.45 | -2.75 | -2.04 | $=-0.45+2.30-0.71$ | $=-0.45+5.75 \epsilon^{1}-4.44 \epsilon^{2}$ |
| $c_{4}$ | +0.64 | +1.58 | +2.07 | $=+0.64-0.94-0.49$ | $=+0.64-2.35 \epsilon^{1}-3.06 \epsilon^{2}$ |

Now pick the largest absolute coefficient to estimate typical size of next-order correction $c_{i(n+1)}=c_{i 3}$ in our case:

$$
\text { Max-Criterion: } c_{i(n+1)} \lesssim \max _{n \in\{0 ; 1 ; 2\}}\left\{\left|c_{i n}\right|\right\}=: R \text { is labelled as red in the table. }
$$

This criterion has been applied since "Time Immemorial" See example on the next slide which predates EKM by 4 years.

Multiply that number with $\epsilon^{3}$ to finally get a corridor of uncertainty/typical size of the $\epsilon^{3}$ contribution.
For $c_{1}: \max _{n \in\{0 ; 1 ; 2\}}\{|-0.69| ;|1.38| ;|-0.81|\}=1.38 \Longrightarrow$ error $\pm 1.38 \times(\epsilon=0.4)^{3} \approx 0.09 \Longrightarrow c_{1}=-0.69 \pm 0.09$.
Similar: $c_{2}=1.28 \pm 0.06, c_{3}=-2.04 \pm 0.37, c_{4}=2.07 \pm 0.20$ (round significant figures conservatively).

$$
\text { But what's the statistical interpretation? } \Longrightarrow \text { Next slide! }
$$

Notes: (1) Provide a theoretical error estimate that is reproducible. You can then discuss with others who have different opinions. No estimate, no discussion possible. - (2) Sometimes, one discards the LO $\rightarrow$ NLO correction if it's anomalously large. That is a "prior information" you need to disclose as "bias" of your estimate. - (3) Coefficients $c_{i n}$ appear "more natural" for $c_{1}$ and $c_{2}$ than for $c_{4}-c_{4}$ not that well-converging? - (4) The uncertainty estimate is agnostic about the Physics details. Somebody just handed me a table. - (5) If you are not happy with the input " $\epsilon \approx 0.4$ ", pick another number. BUQEYE 1511.03618 developed the Bayesian technology to extract degrees of belief on what value of the expansion parameter the series suggests. - (6) The $c_{i}$ are not observables, but they are renormalised couplings which - according to Renormalisation - should follow a perturbative expansion.

## (g) Statistical Interpretation of the Max-Criterion: A Simple Example

The Bayesian interpretation of the max-criterion on the next slide will provide probability distribution (pdf)/degree-of-belief functions using a "reasonable" set of assumptions ("priors") which give nice, analytic expressions. That's one choice of assumptions, but other reasonable assumptions provide very similar pdf's see BUQEYE: $1506.01343,1511.03618, \ldots$.
But before that, let's do something intuitive which gives the same statistical likeliness interpretation of the max-criterion as the Bayesian one. The Bayesian analysis formalises the example and provides actual pdf's.
Estimating a Largest Number: Given a finite set of (finite, positive) numbers in an urn. You get to draw one number at a time. Your mission, should you choose to accept it: Guess the largest number in the urn from a limited number of drawings. For $c_{1}$, we first draw $c_{10}=0.69$. I would say it's "natural" to guess that there is a $1-\mathrm{in}-2=50 \%$ chance that the next number is lower. But there is also a pretty good chance that if it is higher, then its distribution up there is not Gauß'ian but with a stronger tail.
Next, we draw $c_{11}=1.38$ which is larger. So I revise my largest-number projection to $R=1.38$, but I also get more confident that this may be pretty high (if not he highest already). After all, I already found one number which is lower, namely $c_{10}=0.69$. With 2 pieces of information ( 0.69 and 1.38 ), it's "natural" that the 3 rd drawing has a $2-\mathrm{in}-3$ or $2 / 3$ chance to be lower.
Next, we draw $c_{12}=0.81<R$. Looking at my set of 3 numbers, I am even more confident that $R=c_{11}=1.38$ is the largest number, with 3 -in- 4 or $75 \%$ confidence. For $c_{1}$, evil forces interfere and we have no more drawings to draw information from.

But if we could reach into the urn $k$ times and look at the collected $k$ results, every time revising our max-estimate, it's "natural" to assign a $100 \% \times k /(k+1)$ confidence that I have actually gotten the largest number $R$.
The Bayesian procedure on the next slide provides the same result. Read the BUQEYE papers for details and formulae!
In our example, we had $k=3$ terms (drawings) for $c_{1}$. So the confidence that $R=1.38$ is indeed the highest number is $3 / 4=75 \%$, which is larger than $p(1 \sigma) \approx 68 \%$. For a $1 \sigma$ corridor, I reasonably assume that the numbers are equi-distributed between 0 and the maximum $R$. Then, the $68 \%$-error corridor is set by $\pm 68 \% \times(k+1) / k \times R$ amongst the known numbers.
Now, I multiply that number with 3 powers of the expansion parameter $\epsilon \approx 0.4$ (estimate $\mathrm{N}^{3}$ LO terms!) (but see Note (5) on the previous slide): $\pm 1.38 \times(68 \% / 75 \%) \times 0.4^{3}= \pm 0.08$ is a good uncertainty estimate for a traditional $68 \%$ confidence region. I also get a feeling that the probabilities outside the interval $[0 ; R]$ may not be Gauß'ian-distributed. Bayes will confirm that.

## Physical Models vs. Physical Theories - A Sliding Scale

Model: Parametrise data, Capture some aspects with lots of data - no "fail" but "tuning".

## The Trouble With Nuclear Physics

In fact the trouble in the recent past has been a surfeit of different models [of the nucleus], each of them successful in explaining the behavior of nuclei in some situations, and each in apparent contradiction with other successful models or with our ideas about nuclear forces.
[Rudolph E. Peierls: "The Atomic Nucleus", Scientific American 200 (1959), no. 1, p. 75; emph. added]


Theory: Predictive, comprehensive, prescriptive, may fail.
Explain-All-To-Some-Degree mode.

> Gelman's Totalitarian Principle/Swiss Basic Law/ Weinberg's "Folk Theorem": Throw In the Kitchen Sink

As long as you let it be the most general possible Lagrangian consistent with the symmetries of the theory, you're simply writing down the most general theory you could possibly write down.
[Original: Weinberg: Physica 96A (1979) 327 - here 1997 version]

## Quality Check: Existence: Are there Theory-uncertainties/errors?

Reproducibility: Clear discussion how they are assessed?

## Why I Do Effective Field Theories

## Scientific Approach

As we know,
there are known knowns.
There are things we know we know.


## Why I Do Effective Field Theories

## Scientific Approach

As we know,
there are known knowns.
There are things we know we know.
We also know
there are known unknowns.
That is to say
we know there are some things we do not know.


## Why I Do Effective Field Theories

## Scientific Approach

As we know,
there are known knowns.
There are things we know we know.
We also know
there are known unknowns.
That is to say
we know there are some things we do not know.

But there are also unknown unknowns,
 the ones we don't know we don't know.

## (h) $\chi$ EFT In All Its Glory: Few-Nucleon Systems

$N N$ System is gateway to understanding microscopic structure of nuclear structure from QCD.


## Few-Nucleon Spectra "Should" follow from QCD



Whence the Patterns? How much is special to QCD?

## Quantum Numbers of the $N N$ System

Couple 2 nucleons with spin $S_{N}=\frac{1}{2}$, isospin $I_{\mathrm{N}}=\frac{1}{2}$ :

| Spin $\vec{S}=\frac{\vec{\sigma}_{1}}{2}+\frac{\vec{\sigma}_{2}}{2}$ |  |  | Isospin $I^{a}=\frac{\tau_{1}^{a}}{2}+\frac{\tau_{2}^{a}}{2}$ |  |  | anti-symmetric |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $S=0$ | $m_{s}=0$ | $\frac{1}{\sqrt{2}}[\|\uparrow \downarrow\rangle-\|\downarrow \uparrow\rangle]$ | $I=$ | $I_{3}=0$ | $\frac{1}{\sqrt{2}}[\|p n\rangle-\|n p\rangle]$ |  |
| $S=1$ | $\begin{aligned} m_{s} & =+1 \\ m_{s} & =0 \\ m_{s} & =-1 \end{aligned}$ | $\begin{gathered} \|\uparrow \uparrow\rangle \\ \frac{1}{\sqrt{2}}[\|\uparrow \downarrow\rangle+\|\downarrow \uparrow\rangle] \end{gathered}$ <br> $\|\downarrow \downarrow\rangle$ | $I=$ | $\begin{aligned} I_{3} & =+1 \\ I_{3} & =0 \\ I_{3} & =-1 \end{aligned}$ | $\begin{gathered} \|p p\rangle \\ \frac{1}{\sqrt{2}}[\|p n\rangle+\|n p\rangle] \\ \|n n\rangle \end{gathered}$ | symmetric |
| $\Psi_{\text {total }}^{N N}=\mid$ spin $\rangle \otimes \mid$ isospin $\rangle \otimes \mid$ orb. ang. mom. $\left.Y_{l m}(\theta, \phi)\right\rangle \otimes \mid$ radial $\left.(r)\right\rangle$ |  |  |  |  |  |  |

Pauli Principle: Total wave function anti-symmetric under exchange of identical fermions:

$$
(-)^{1} \stackrel{!}{=}(-)^{S+1}(-)^{I+1}(-)^{L} \Longrightarrow S+I+L \text { must be odd! }
$$

Angular momentum coupling: Eigenvalues to $\vec{J}^{2}=(\vec{L}+\vec{S})^{2}$ are $J=0,1,2, \ldots$
Lowest Partial Waves in Spectroscopic Notation ${ }^{2 S+1} L_{J}$ :
$I=1$ in $p p, n p, n n:{ }^{1} \mathrm{~S}_{0} ;{ }^{3} \mathrm{P}_{0,1,2} ;{ }^{1} \mathrm{D}_{2} ; \ldots \quad I=0$ only in $n p!:{ }^{3} \mathrm{~S}_{1} ;{ }^{1} \mathrm{P}_{1} ;{ }^{3} \mathrm{D}_{1,2,3} ; \ldots$
Waves with same $J^{P}$ mix, most importantly: ${ }^{3} \mathrm{~S}_{1}-{ }^{3} \mathrm{D}_{1}$ (see in a minute...)

## Generic Structure of the $N N$ Potential at Low Energies

$$
\text { Pions } \pi^{a} \text { \& non-relativistic nucleons: } N=\binom{p}{n}_{\text {isospin }} \otimes\binom{|\uparrow\rangle}{|\downarrow\rangle}_{\text {spin }}
$$

Most general form which depends only on relative distance $r$ of nucleons ("local") and is isospin, rotation, parity symmetric:

$$
\begin{gathered}
V_{N N}\left(\vec{r}, \vec{\sigma}_{i}, \tau_{i}^{a}, \vec{L}\right)=\overbrace{\delta_{I 0} V^{(I=0)}}^{\text {iso-scalar }}+\overbrace{4 \delta_{I 1} V^{(I=1)}}^{\text {iso-vector }} \\
\text { with } V^{(I)}=\underbrace{V_{C}^{(I)}}_{\text {central }}+\underbrace{\vec{\sigma}_{1} \cdot \vec{\sigma}_{2} V_{S}^{(I)}}_{\text {spin-spin }}+\underbrace{\vec{L} \cdot \vec{S} V_{L S}^{(I)}}_{\text {spin-orbit }}+\underbrace{S_{12}\left(\vec{e}_{r}\right) V_{T}^{(I)}}_{\text {tensor }}
\end{gathered}
$$

Tensor operator $S_{12}\left(\vec{e}_{r}\right)=3\left(\vec{\sigma}_{1} \cdot \overrightarrow{\mathrm{e}}_{r}\right)\left(\vec{\sigma}_{2} \cdot \overrightarrow{\mathrm{e}}_{r}\right)-\vec{\sigma}_{1} \cdot \vec{\sigma}_{2}=6\left(\vec{S}^{2} \cdot \overrightarrow{\mathrm{e}}_{r}\right)^{2}-4 \delta_{S 1}$ :

- Analogous to elmag. dipole-dipole $V_{\mathrm{dd}}=-\frac{3\left(\vec{\mu}_{1} \cdot \overrightarrow{\mathrm{e}}_{r}\right)\left(\vec{\mu}_{2} \cdot \overrightarrow{\mathrm{e}}_{r}\right)-\vec{\mu}_{1} \cdot \vec{\mu}_{2}}{r^{3}}$.
- Mixes partial waves with same $J$ and parity, most importantly: ${ }^{3} \mathrm{~S}_{1}-{ }_{-}^{3} \mathrm{D}_{1}$.

Solve Schrödinger $\left[E-V+\frac{\vec{\partial}^{2}}{M_{N}}\right] \Psi_{N N}=0$ or Lippmann-Schwinger $T=V+T G V$
in Partial-Wave basis: Decouple into 1-dimensional problems for $S=0$; $(2 \times 2)$ for $S=1$.

## Partial Wave Analysis and (More) Phenomenological Potentials

Nijmegen Partial Wave Analysis 1993-present: $>6000 p p$ and $n p$ scattering data for $p \lesssim 300 \mathrm{MeV}$ Sketch of Phenomenological approaches: long-range: OPE - short-range: reasonable guesses...
One Boson Exchange Potentials (Bonn BC, Paris,...): $V_{\text {core }}=\sum_{\omega, \rho, \sigma, \ldots} g_{i}^{2} \times($ spin-structure $) \frac{\mathrm{e}^{-m_{i} r}}{r}$
Short-Distance Core (Nijmegen 93, AV18, Reid,...): e.g. $V_{\text {core }}(r) \sim \sum_{\text {LSJ }} \frac{A\left[2 S+1 \mathrm{~L}_{J}\right]}{1+\exp -\left(r-r_{0}\right) / a}$
Suitably flexible, $\sim 40$ parameters, same fit quality: Systematic? Resolved for $p<300 \mathrm{MeV}$ ?



## Non-Relativistic Reduction of an EFT for $Q=\frac{p_{\text {typ. }}}{M} \ll 1$

Find kinetic energy $T=p_{0}-M \ll M$ of free nonrelativistic boson (including spin is "trivial"):

$$
\begin{aligned}
\mathcal{L}= & \Phi^{\dagger}\left[(T+M)^{2}-\vec{p}^{2}-M^{2}\right] \Phi=\left(\sqrt{2 M} \Phi^{\dagger}\right)[\underbrace{T-\frac{\vec{p}^{2}}{2 M}}_{\begin{array}{c}
\text { inv. } \\
\text { propagator }
\end{array}}-\underbrace{\mathcal{O}\left(Q^{2}\right)}_{\text {relative }} \begin{array}{c}
\vec{p}^{4} \\
8 M^{3}
\end{array} \ldots] \underbrace{(\sqrt{2 M} \Phi)}_{\begin{array}{c}
=: \phi \\
\text { non-rel. field }
\end{array}} \\
& \Longrightarrow \text { Treat higher orders in } \beta=\frac{|\vec{p}|}{T+M} \approx \frac{|\vec{p}|}{M} \text { as perturbation: } \longrightarrow \nsim-\mathrm{i} \frac{\vec{p}^{4}}{8 M^{3}}
\end{aligned}
$$

$\Longrightarrow$ Propagator pole at $T=\frac{\vec{p}^{2}}{2 M}-\mathrm{i} \epsilon>0 \Longrightarrow$ Anti- $N$ effects $\approx 2 M_{\mathrm{N}} \gg p_{\text {typ }}$ in LECs. $\checkmark$

$$
\Longrightarrow T \sim \frac{\vec{p}^{2}}{2 M} \ll|\vec{p}| \ll M \text { as expected - and Pauli spinors } N=\binom{p}{n}_{\text {isospin }} \otimes\binom{|\uparrow\rangle}{|\downarrow\rangle}_{\text {spin }} .
$$

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\text { non-rel. field }}}
$$

$$
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$$

$$
\varkappa-i \frac{\vec{p}^{4}}{8 M^{3}}
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$$

$\Longrightarrow$ Nonrel. point- $N$ with anom. mag. moment $\kappa: \mathcal{L}_{\text {Pauli }}=N^{\dagger}\left[T-\frac{(\vec{p}-e Q \vec{A})^{2}}{2 M}-\frac{(Q+\kappa)}{2 M} \sigma \cdot \vec{B}\right] N$
Pion-exchange in $t$-channel between nonrelativistic
nucleons becomes instantaneous: $\frac{\left(q_{0}=T_{1}-T_{2}\right)^{2}}{\left(\vec{q}=\vec{p}_{1}-\vec{p}_{2}\right)^{2}} \ll 1$
$1{ }_{1}^{2} \bar{q}^{t=q^{2}} \quad \overline{q_{0}^{2}}$ $\frac{\mathrm{i}}{q_{0}^{2}-\vec{q}^{2}-m_{\pi}^{2}} \rightarrow \frac{-\mathrm{i}}{\vec{q}^{2}+m_{\pi}^{2}}+\ldots$
$\Longrightarrow$ Use non-relativistic QM for few- $N$ bound states from potentials: Schrödinger eq.,...

## $\chi$ EFT at Leading Order (LO): One Pion Exchange

Pion lightest meson $\Longrightarrow$ dominates $V_{N N}$ at large distance
Yukawa 1935: $\sim \frac{\mathrm{e}^{-m_{\pi} r}}{r}$ $\pi N$ symmetries: chiral, isospin, parity, rotation, plus simplest form: fewest derivatives


No interaction for $\vec{q} \rightarrow 0: \pi$ decouples by chiral symmetry.
$\Longrightarrow$ One Pion Exchange Potential (OPE)
all parameters fixed by $\pi N!\quad V_{O P E}=-\frac{s_{A}^{2}}{4 f_{\pi}^{2}} \frac{\left(\vec{q}^{2}+m_{\pi}^{2}\right.}{\vec{q}^{2}} \tau_{1}^{a} \tau_{2 a}$

$\vec{\sigma} \cdot \vec{q}$ Spin-dependent: strongest ${ }_{\text {repulsion }}^{\text {attraction }}$ for $\vec{q} \underset{\text { opposite }}{\text { along }} N$ spin.
$\Longrightarrow \pi N$ is a $P$-wave interaction, like magnetic dipole in external field $\vec{\sigma} \cdot \vec{B}$.
$\Longrightarrow N N$ interacts like dipole-dipole: tensor force, angle-dependent.
$\tau_{1}^{a} \tau_{2 a}=2 I(I+1)-3$ : Isospin-dependent "iso-tensor" interaction.

$\Longrightarrow$ Study partial-wave decomposition in isospin, spin and angular momentum!

## $N N$ in the ${ }^{1} \mathrm{~S}_{0}$ - and ${ }^{3} \mathrm{~S}_{1}-{ }^{3} \mathrm{D}_{1}$ Waves: Unnatural Scales are Natural



## $N N$ in the ${ }^{1} \mathrm{~S}_{0}$ - and ${ }^{3} \mathrm{~S}_{1}-{ }^{3} \mathrm{D}_{1}$ Waves: Unnatural Scales are Natural



Zero-momentum cross section $\sigma(k=0)=4 \pi a^{2}$.

$$
\text { If } a>0 \Longrightarrow \text { bound state with energy } B \approx \frac{1}{2 \mu a^{2}}
$$

Scatt. length $a$ : naïve hard-sphere geometry: $a=2 R_{N}$
$\Longrightarrow$ "Natural size": $a \sim R_{N} \sim \frac{1}{m_{\pi}} \approx 1.5 \mathrm{fm}$ Yukawa range.

$$
a^{+}=\frac{0.008}{m_{\pi}}, a^{-}=\frac{0.078}{m_{\pi}} \text { anomalously small - understood: chiral symmetry. }
$$



The Deuteron $I\left(J^{P C}\right)=0\left(1^{+-}\right)\left[{ }^{2 S+1} L_{J}=\left({ }^{3} \mathrm{~S}_{1}{ }^{3} \mathrm{D}_{1}\right)\right]$ is the only $N N$ bound state:
binding energy $B_{d}=2.2244573 \mathrm{MeV} \ll$ natural size $\frac{m_{\pi}^{2}}{M_{N}} \approx 20 \mathrm{MeV}$ if Yukawa alone (dim. an.)
Unnaturally shallow bound state \& large scattering lengths: $\chi$ EFT long-range attractive Yukawa, but phenomenology: compensate by short-distance: repulsive core.
Necessary fine-tuning not yet fully understood in QCD!


There is no principle built into the laws of Nature that says that theoretical physicists have to be happy.
S. Weinberg (3.5.1933-23.7.2021)
on Nova: The Fabric of the Cosmos

- Episode 3: Quantum Leap (2011)



## Deuteron and ${ }^{3} \mathrm{~S}_{1}-{ }^{-3} \mathrm{D}_{1}$ : The Partial-Wave Projected LO OPE

Project into partial waves \& Fourier transform:

$$
V_{O P E}=-\frac{g_{A}^{2}}{4 f_{\pi}^{2}} \frac{\left(\vec{\sigma}_{1} \cdot \vec{q}\right)\left(\vec{\sigma}_{2} \cdot \vec{q}\right)}{\vec{q}^{2}+m_{\pi}^{2}} \tau_{1}^{a} \tau_{2 a}
$$



Central Potential is Yukawa: $V_{C}(r)=-\frac{g_{A}^{2} m_{\pi}^{2}}{16 \pi f_{\pi}^{2}} \frac{\mathrm{e}^{-m_{\pi} r}}{r}<0$ $\xrightarrow{\text { chiral limit }} 0$

Tensor Potential: $V_{T}(r)=-\frac{g_{A}^{2} m_{\pi}^{2}}{16 \pi f_{\pi}^{2}}\left(1+\frac{3}{m_{\pi} r}+\frac{3}{\left(m_{\pi} r\right)^{2}}\right) \frac{\mathrm{e}^{-m_{\pi} r}}{r}<0 \quad \xrightarrow{\text { chiral limit }}-\frac{3 g_{A}^{2}}{16 \pi f_{\pi}^{2}} \frac{1}{r^{3}}$
Strength: $\frac{g_{A}^{2} m_{\pi}^{2}}{16 \pi f_{\pi}^{2}} \stackrel{\text { Goldberger- }}{\text { Treiman }} \frac{g_{\pi N N}^{2}}{4 \pi} \frac{m_{\pi}^{2}}{4 M_{N}^{2}}=\alpha_{N N} \frac{m_{\pi}^{2}}{4 M_{N}^{2}}$ - "nuclear" $\alpha_{N N} \approx 13.9 \Longrightarrow$ Nonperturbative!
$V_{O P E}[S=0]=V_{C}(r) \times\left\{\begin{array}{cl}-3 & : \text { repulsive for } I=0, \text { i.e. } L \text { odd } \\ +1 & : \text { attractive for } I=1, \text { i.e. } L \text { even }\left({ }^{1} \mathrm{~S}_{0}!\right)\end{array}\right.$
$V_{O P E}[S=1]=\frac{1}{3}\left[V_{C}(r)+S_{12}\left(\overrightarrow{\mathrm{e}}_{r}\right) V_{T}(r)\right] \times\left\{\begin{array}{c}+3: \text { attractive for } I=0 \text {, i.e. } L \text { even (deuteron!) } \\ -1: \text { repulsive for } I=1 \text {, i.e. } L \text { odd }\end{array}\right.$
Pion tensor force couples $S$ and $D$ waves in deuteron:

$$
\frac{1}{M} \frac{\partial^{2}}{\partial r^{2}}\binom{u(r)}{w(r)}=\left(\begin{array}{cc}
-E+V_{C}(r) & \begin{array}{c}
\sqrt{8} V_{T}(r) \\
\sqrt{8} V_{T}(r)
\end{array} \\
-E+\underbrace{\frac{6}{M r^{2}}}_{\text {centrifugal }}+\left[V_{C}(r)-2 V_{T}(r)\right]
\end{array}\right)\binom{u(r)}{w(r)}
$$

## The Problem: Wave Functions Collapse at Short Range

For $\left(m_{\pi} r\right) \rightarrow 0$ (short distance/chiral limit): $-\frac{3 g_{A}^{2}}{16 \pi f_{\pi}^{2}} \frac{1}{r^{3}}\left(\begin{array}{cc}0 & \sqrt{8} \\ \sqrt{8} & -2\end{array}\right)$ with EVals $\binom{4}{-2} \frac{3 g_{A}^{2}}{16 \pi f_{\pi}^{2}} \frac{1}{r^{3}}$.
A little project: Sensitivity of phase-shift
on short-distance with shooting method. [HH: QM-I/II]



Use "realistic" parameters for $V_{C}\left({ }^{1} \mathrm{~S}_{0}\right) \& V_{T}\left({ }^{3} \mathrm{~S}-\mathrm{D}_{1}\right)$.
$\Longrightarrow V_{C}$ stronger than $V_{T}$ for $r \gtrsim 3 \mathrm{fm}$.

- Only at short distances does $V_{T}$ win.

Take $k_{\mathrm{cm}}=20 \mathrm{MeV} \ll \Lambda_{\chi} \lesssim \frac{2 \pi}{R}$ : EFT Folk Theorem
Expect no sensitivity on short-distance, i.e. on $R$ or form.
$\checkmark$ for $V_{C}$ (Coulombic)

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$\times$ for $V_{T}$


Thomas Effect: Attr. $\frac{1}{r^{3}}$ not self-adjoint! $\Longrightarrow$ Wave function collapses to $r=0$ !

## The Solution to Collapsing Wave Functions: EFT

## The EFT Tenet Weinberg1979

Short-distance physics does not have to be right for a good calculation, because a low-energy process cannot probe details of the high-energy structure.
$\chi$ EFT: long-range/low-energy correct.
$\Longrightarrow$ Add short-range repulsive core to stabilise system against collapse!

Simplest: Point-interaction

without structure/derivative/form factor renders cutoff-independence at all(!) $k$.


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RGE: Adjust CT strength $C\left(R=\frac{1}{\Lambda}\right)$ with $R=\frac{1}{\Lambda \gtrsim \bar{\Lambda}_{\chi}}$ so that observables cutoff-independent. Initial condition set by one datum: scatt. length, $B_{d}, \ldots ; \mathcal{O}(k)$ predicted, only residual $\Lambda$-dep.

In line with unnaturally shallow bound state \& large scattering lengths in ${ }^{3} \mathrm{~S}_{1}$ and ${ }^{2} \mathrm{~S}_{0}$ : OPE should be attractive, but not too much: compensate by repulsive core.

## Counter Terms by $\Lambda$ Independence

Check: Observables dependent on cut-off $\Lambda=1 / R$ at LO with $c(\Lambda)$ fixed by $B_{d}$ ?
Other channels: Need 4 more, new, momentum-dependent LECs for low attractive triplets: ${ }^{3} \mathrm{P}_{0,2},{ }^{3} \mathrm{D}_{2,3}$.
phase-shift $\delta($ cut-off $\Lambda)$ :





Similar for all repulsive waves \& attractive singlets $\left( \pm \frac{1}{r}\right)$.

## $N N \chi$ EFT Power Counting Comparison

Derived with explicit \& implicit assumptions; contentious issue.
All but WPP: RGE as construction principle, but different approximations at short-range lead to variant interpretations.
Proposed order $Q^{n}$ at which counter-term enters differs. $\Longrightarrow$ Predict different accuracy, \# of parameters.

| order | Weinberg (modified) [PLB251 (1990) 288 etc.] | Birse <br> [PRC74 (2006) 014003 etc.] | Pavon Valderrama et al. [PRC74 (2006) 054001 etc.] | Long/Yang [PRC86(2012) 024001 etc.] |
| :---: | :---: | :---: | :---: | :---: |
| $Q^{-1}$ | LO of ${ }^{1} \mathrm{~S}_{0},{ }^{3} \mathrm{~S}_{1}$, OPE |  |  | $\text { plus }{ }^{3} \mathrm{P}_{0,2}$ |
| $Q^{-\frac{1}{2}}$ | none | $\begin{aligned} & \text { LO of }{ }^{3} \mathrm{P}_{0,1,2},{ }^{3} \mathrm{PF}_{2}, \\ & { }^{3} \mathrm{~F}_{2},{ }^{3} \mathrm{D}_{2} \end{aligned}$ | $\begin{aligned} & \mathrm{LO} \text { of }{ }^{3} \mathrm{SD}_{1}, \quad{ }^{3} \mathrm{D}_{1}, \\ & { }^{3} \mathrm{PF}_{2},{ }^{3} \mathrm{~F}_{2} \end{aligned}$ | none |
| $Q^{0}$ | none | NLO of ${ }^{1} \mathrm{~S}_{0}$ |  |  |
| $Q^{\frac{1}{2}}$ | none | NLO of ${ }^{3} \mathrm{~S}_{1},{ }^{3} \mathrm{D}_{1},{ }^{3} \mathrm{SD}_{1}$ | none | none |
| $Q^{1}$ | $\begin{aligned} & \text { LO of }{ }^{3} \mathrm{SD}_{1},{ }^{1} \mathrm{P}_{1}, \\ & { }^{3} \mathrm{P}_{0,1,2} ; \mathrm{NLO} \text { of }{ }^{1} \mathrm{~S}_{0}, \\ & { }^{3} \mathrm{~S}_{1} \end{aligned}$ | none | none | $\begin{aligned} & \mathrm{LO} \text { of }{ }^{3} \mathrm{SD}_{1},{ }^{1} \mathrm{P}_{1},{ }^{3} \mathrm{P}_{1}, \\ & { }^{3} \mathrm{PF}_{2} ; \mathrm{NLO} \text { of }^{3} \mathrm{~S}_{1},{ }^{3} \mathrm{P}_{0}, \\ & { }^{3} \mathrm{P}_{2} ; \mathrm{N}^{2} \mathrm{LO} \text { of }{ }^{1} \mathrm{~S}_{0} \end{aligned}$ |
| $\#$ at $Q^{-1}$ | 2 | 4 | 5 | 4 |
| \# at $Q^{0}$ | +0 | +7 | +5 | +1 |
| \# at $Q^{1}$ | +7 | +3 | +0 | +8 |
| total at $Q^{1}$ | 9 | 14 | 10 | 13 |

With same $\chi^{2}$ /d.o.f., proposal with least parameters wins: minimum information bias.

## Few-Nucleon Interactions in $\chi$ EFT



## (i) Selected (Biased) Accomplishments

## $n p$ Scattering Phase Shifts: Bands Estimate Higher-Order Effects



Fewer free parameters than traditional.

Converges order-by-order - and even to Nature.
[Epelbaum/...1412.0142]

|  | LO | NLO | $\mathbf{N}^{2}$ LO | $\mathbf{N}^{3}$ LO | AV 18 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| \# of parameters | 2 | +7 | +0 | $+15=24$ | $\sim 40$ |
| $\chi^{2} /$ d.o.f in $n p$ |  | 36.2 | 10.1 | 1.06 | 1.04 |

The Deuteron $I\left(J^{P C}\right)=0\left(1^{+-}\right)\left[{ }^{3} \mathrm{~S}_{1}-{ }^{-3} \mathrm{D}_{1}\right]$
$\Psi_{d}(r) \frac{1}{\sqrt{4 \pi} r}[\underbrace{u(r)}_{S \text { wave }}+\underbrace{S_{12}\left(\overrightarrow{\mathrm{e}}_{r}\right) \frac{w(r)}{\sqrt{8}}}_{D \text { wave: tensor }}] \chi_{1 M} \longleftarrow$ spin-triplet wf $\quad$ with $\int_{0}^{\infty} \mathrm{d} r\left[u(r)^{2}+w(r)^{2}\right]=1$
Asymptotic wave function decays with "binding momentum" $\gamma=\sqrt{M B_{d}}=45.70 \ldots \mathrm{MeV}$ :

$$
\begin{equation*}
\lim _{r \rightarrow \infty}\binom{u(r)}{w(r)} \propto\binom{1}{\eta} \mathrm{e}^{-\gamma r} \quad \text { with asymptotic } D \text {-to- } S \text { wave ratio } \eta_{\exp }=0.02544 \tag{II.1.b}
\end{equation*}
$$

$D$ wave $\Longrightarrow$ deformation $\Longrightarrow$ electric quadrupole moment $Q_{d}=[0.2859 \pm 0.0003] \mathrm{fm}^{3}$


Tests Kroll-Rudermann in coupling to $\pi^{ \pm}$exchange:

$n p$ Scattering Observables at $E_{\mathrm{cm}}=50$ \& 200 MeV


Bands estimate theoretical uncertainties by higher-order effects: LO $\rightarrow \mathbf{N L O} \rightarrow \mathbf{N}^{2} \mathbf{L O}$

## 3N: Polarised Deuteron-Proton Scattering











Bands estimate theoretical uncertainties by higher-order effects:
$\mathrm{LO} \rightarrow \mathrm{NLO} \rightarrow \mathbf{N}^{2} \mathbf{L O} \rightarrow \mathbf{N}^{3} \mathrm{LO}$

## Few-Nucleon Interactions in $\chi$ EFT



## Ground States of Light Nuclei



Notice order-by-order shrinking theory uncertainties (Bayesian assessment).

## Charge Radii of Light Nuclei



Notice order-by-order shrinking theory uncertainties (Bayesian assessment).

## Starting on Spectra of Less-Light Nuclei (with 3NI)


[Navratil/. . . : Phys. Rev. Lett. 99 (2007) 042501]
TABLE I: NLEFT results and experimental (Exp) values for the lowest even-parity states of ${ }^{16} \mathrm{O}$ (in MeV). The errors are one-standarddeviation estimates which include both statistical Monte Carlo errors and uncertainties due to the extrapolation $N_{t} \rightarrow \infty$. The notation is identical to that of Ref. [20].

| $J_{n}^{p}$ | LO (2N) | NNLO (2N) | $+3 \mathrm{~N}$ | $+4 \mathrm{~N}_{\text {eff }}$ | Exp |
| :---: | ---: | ---: | ---: | ---: | :---: |
| $0_{1}^{+}$ | $-147.3(5)$ | $-121.4(5)$ | $-138.8(5)$ | $-131.3(5)$ | -127.62 |
| $0_{2}^{+}$ | $-145(2)$ | $-116(2)$ | $-136(2)$ | $-123(2)$ | -121.57 |
| $2_{1}^{+}$ | $-145(2)$ | $-116(2)$ | $-136(2)$ | $-123(2)$ | -120.70 |

[Epelbaum/. . . : Phys. Rev. Lett. 112 (2014) 102501]

## Heavier Nuclei: Ca Isotope Binding



FIG. 3. (Color online) The ground-state energies of calcium isotopes obtained with $\Delta \mathrm{NNLO}_{\mathrm{GO}}$ and $1.8 / 2.0(\mathrm{EM})$ interaction compared with experiment (data of ${ }^{55-57} \mathrm{Ca}$ are taken from Ref. [70]).

Heavy Nuclei: How Far With "Microscopic" Interactions?


## Chiral EoS: Neutron Star Mass-Radius Relation



Astro data added by hand (hgrie) - certainly more. . .
Corridors provide honest uncertainty assessment: know what to improve and how.
Right now, can explain bulk observations without exotic matter inside neutron star. What about flares/glitches/...?

## Chiral EoS for Neutron Matter and Neutron Stars




Figure $4 \mid$ Properties of the nuclear equation of state and neutron star radii based on chiral interactions. a, The symmetry energy $S_{v}$ and $\mathbf{b}$, the slope $L$ of the symmetry energy at predicted saturation densities versus the point-proton radius in ${ }^{48} \mathrm{Ca}$. c, Pressure-radius relationship for a neutron star of mass $M=1.4 M_{\odot}$ (red band) from the phenomenological expression of refs. 30,31. The predicted pressure (horizontal orange band) constrains the neutron star radius (vertical yellow band).

Fig. 2 Energy per baryon in pure neutron matter for different supernova EoS, compared to results of $\chi \mathrm{EFT}$ (grey band [228]), from Ref. [229].
[Blaschke/. . . [arXiv:1803.01836 [nucl-th]]]
[Hagen/. . . [arXiv:1509.07169 [nucl-th]]]

Error bars in $\chi$ EFT vs. no error bars in models. - More work needed!

## $\chi$ EFT and Lattice QCD: Exploring Alternative Worlds

Vary QCD parameters using $\chi$ EFT: $m_{q} \propto m_{\pi}^{2}, \ldots$
$\Longrightarrow a_{\mathrm{NN}}$ diverge at $m_{\pi}^{\text {crit }} \approx 197 \mathrm{MeV}$ ??
$\Longrightarrow$ QCD Critical Point: zero $N N$ binding energy.
$m_{\pi}$-dependence of $N N$-scatt. lengths: $\chi \mathrm{EFT} \&$ lattice



$-{ }^{1} \mathrm{~S}_{0}$ with bound state for $m_{\pi}>160 \mathrm{MeV} ? \Longrightarrow n n, p p$ bound!

- What is the deuteron binding energy for $m_{\pi} \neq 140 \mathrm{MeV}$ ?
- Explain fine-tuning of $N N$-scattering lengths, origin of few- $N$ interactions.
- Fix parameters hard to determine experimentally: weak int.'s test $\mathrm{SM} ; \pi N N-\& Y N$-couplings. . .

Alternative Worlds: Lightest Nuclei at Higher Pion Masses

Merger of EFT and lattice has started exploring how few-nucleon systems emerge from QCD.


Surprisingly little change in few-nucleon systems - but $n n$ becomes bound when $m_{\pi}$ increased!

## (j) Neutron Polarisabilities \& Nuclear Binding

## How to Get to the Neutron?

deuteron: hg/.../+Phillips/+McGovern 2004-
MECs: Beane/. . . 1999-2005
${ }^{3}$ He: Shukla/... 2009 +Strandberg/Margaryan/hg/... 1804.01206


Experiment: More charge \& MECs $\Longrightarrow$ more counts $\quad \Longrightarrow$ heavier nuclei Theory: Reliable only if nuclear binding \& levels accurate $\Longrightarrow$ lighter nuclei

Find sweet-spot between competing forces: deuteron, ${ }^{3} \mathrm{He},{ }^{4} \mathrm{He}$.
Deuteron, ${ }^{4} \mathrm{He}$ : sensitive to $\quad \alpha_{E 1}^{p}+\alpha_{E 1}^{n}, \quad \beta_{M 1}^{p}+\beta_{M 1}^{n} \Longrightarrow$ neutron pols
${ }^{3} \mathrm{He}$ : sensitive to $\quad 2 \alpha_{E 1}^{p}+\alpha_{E 1}^{n}, 2 \beta_{M 1}^{p}+\beta_{M 1}^{n} \Longrightarrow$ neutron pols
$\omega_{\text {lab }}=60 \mathrm{MeV}$


Model-independently subtract binding effects. $\Longrightarrow \chi \mathrm{EFT}$ : reliably quantify uncertainties. Chirally consistent 1 N \& few-N: potentials, wave functions, currents, $\pi$-exchange.

Test charged-pion component of $N N$ force.



$\Longrightarrow$ Neutron $\approx$ proton polarisabilities; exp. error dominates.
Downie, Feldman,. . . spokespersons of Compton efforts at HI $\gamma$ S, MAMI,...

## Hadron Polarisabilities: GW Leads Connecting Data \& QCD ${ }_{\text {gw focus }}$

$$
\text { Needs to be phrased as energy-difference: } \Delta E=-2 \pi \alpha_{E 1}^{(N)} \vec{E}^{2} .
$$



[lattice: Lujan/Alexandru/Freeman/Lee [arXiv:1411.0047 [hep-lat]]; chiral extrapolation: hgrie/McGovern/Phillips [arXiv:1511.01952 [nucl-th]]; Downie/Feldman take data at $\mathrm{HI} \gamma \mathrm{S}, \mathrm{MAMI}, . .$.

## (k) Error-Bars for Nuclear Physics!



## Next: 5. Weak Interactions

Familiarise yourself with: [phenomenology: PRSZR 10, 11, 12, 18.6; Per 7.1-6 theory: Ryd 8.3-5; CL 11, 12; Per 7, 8, 5.4; most up-to-date: PDG 10, 12, 14 and reviews inside listings]

